

Silver Spoon

拍數: 32 牆數: 4 級數: Improver - Country
編舞者: Paul Steinborn (DE) - February 2025
音樂: Crystal Methodist - Kasey Tyndall



***1 Restart + 1 Tag**

Section 1: STEP-LOCK_STEP / SCUFF / TOE-HEEL-TOE / HITCH

1, 2 Step RF diagonal forward, Cross LF behind RF
3, 4 Step RF diagonal forward, Scuff left heel forward
5, 6 Step LF to side with turning toes to left, Turning left heel to side
7, 8 Turning left toes to side, Bring right knee up

Section 2: CROSS / BACK / SIDE / CROSS / SLIDE / BACK ROCK

1, 2 Cross RF over LF, Step LF backwards
3, 4 Step RF to side, Cross LF over RF
5, 6 Make a big step with RF to right side
7, 8 Step LF backwards, recover onto RF

***Restart (in wall 5: Count 7, 8 will be a step together + hold)**

Section 3: STEP/TOUCH / 1/4 TURN L / TOUCH / ROCKING CHAIR

1, 2 Step LF to side, Touch RF next to LF
3, 4 Making a ¼ Turn to Left with Step RF to side, Touch LF next to RF
5, 6 Step LF forward, Recover on RF
7, 8 Step LF backwards, Recover on RF

Section 4: ½ PIVOT TURN L / STEP / HOLD / STEP / TOGETHER / TOE SPLIT

1, 2 Step forward on LF, ½ Turn R transferring weight to RF
3, 4 Step forward on LF, Hold
5, 6 Step forward on RF, Step LF next to RF
7, 8 Transferring weight on both heels and turn both toes to outside, Turn both feet back to centre and transferring weight on both feet

***Tag (after wall 11)**

Tag: PIVOT ½ TURN / STEP / SCUFF / STEP / SCUFF

1, 2 Step forward on RF, ½ Turn L transferring weight on LF
3 & 4 & Step forward on RF, Scuff left heel forward, Step forward on LF, Scuff right heel forward

Last Update: 1 Mar 2025