

Passarela My Way

COPPERKNOB
BY STEPHENETS

拍數: 48
編舞者: Snow (SG) - February 2025
音樂: My Way - Ava Max

牆數: 4

級數: Beginner / Intermediate



Thanks to Putrapassarela for sharing catwalk techniques which inspired this dance!

Intro: 16 counts

Total: intro + 4 walls (main dance)

Intro (32 counts)

[1-8] ¼ L, ¼ R return to centre

1-4 Step L forward, making a ¼ turn to the left. Drag R towards left. [9:00]

5-8 Step R to the right, making a ¼ turn to the right. Drag L towards right. [12:00]

[9-16] L forward, R back return to centre

1-4 Step L forward. Drag R towards the left.

5-8 Step R back. Drag L towards right.

[17-24] ¼ R, ¼ L return to centre

1-4 Step L forward, making a ¼ turn to the right. Drag R towards left. [3:00]

5-8 Step R to the left, making a ¼ turn to the left. Drag L towards right. [12:00]

[25-32] L back, R return to centre

1-4 Step L back. Drag R towards left.

5-8 Step R forward. Drag L towards right.

Main dance

[1-8] Cross lock shuffle to R, L cross point, L back point, L cross point, L step

1-2 Cross step L over right. Lock R behind left.

3-4 Cross step L over right. Lock R behind left.

5-6 Cross point L to right diagonal. [1:30] Back point L to left diagonal. [7:30]

7-8 Cross point L to right diagonal. [1:30] Step L beside right. [12:00]

[9-16] Cross lock shuffle to L, R cross point, R back point, R cross point, R step

1-2 Cross step R over left. Lock L behind right.

3-4 Cross step R over left. Lock L behind right.

5-6 Cross point R to left diagonal. [10:30] Back point R to right diagonal. [4:30]

7-8 Cross point R to left diagonal. [10:30] Step R beside left. [12:00]

[17-24] Walk LR, pivot ¼ R, swivel ¾ L, walk LR

1-2 Walk forward L. Walk forward R.

3-4 Step L forward and pivot ¼ turn to the right. (Weight on L) [3:00]

5-6 Lift both heels and swivel ¾ turn to the left. (Weight on R) [6:00]

7-8 Walk forward L. Walk forward R.

[25-32] Cross unwind ¾ R, walk RL, R spiral full turn, walk LR

1-2 Cross L over right. Unwind ¾ turn to the right. (Weight on L) [3:00]

3-4 Walk forward R. Walk forward L.

5-6 Step R forward, making a spiral full turn to the left. (Weight on R)

7-8 Walk forward L. Walk forward R.

[33-40] Cross L, point R, pivot ¼ L, swivel ¾ R, walk RL

- 1-2 Cross step L over right. Point R to the right.
3-4 Step R forward and pivot ¼ turn to the left. (Weight on R) [12:00]
5-6 Lift both heels and swivel ¾ turn to the right. (Weight on L) [9:00]
7-8 Walk forward R. Walk forward L.

[41-48] Cross R, point L, walk LR, L spiral full turn, walk R, point L.

- 1-2 Cross step R over left. Point L to the left.
3-4 Walk forward L. Walk forward R.
5-6 Step L forward, making a spiral full turn to the right. (Weight on L) [9:00]
7-8 Walk R forward. Point L to the left.

Ending (wall 4)

Dance until counts 38-40. [12:00]

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Check out videos by catwalk coaches like Putrapassarela for styling and techniques.

Please feel free to dance, video, share.
