

No ABpologies for Cutting a Rug

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sue Korek (USA) - 25 February 2025
音樂: Apologize - Luke Bryan
或: Dancing's Done - Ava Max



Alternate Music:

Dancing's Done (Ava Max—27 January 2023) Intro: 34 seconds on lyrics "I wanna give into...", bpm=114

Intro: 16 counts, start on vocals

Section 1 (POINT, TOUCH, HEEL, LIFT (HOOK), VINE RIGHT)

1-2 Point R to right, touch R beside L
3-4 Touch R heel forward, lift (hook) R heel to left leg (just below knee)
5-6 Step R to right, step L behind R
7-8 Step R to right, touch L beside R

Section 2 (POINT, TOUCH, HEEL, LIFT (HOOK), VINE LEFT)

1-2 Point L to left, touch L beside R
3-4 Touch L heel forward, lift (hook) L heel to right leg (just below knee)
5-6 Step L to left, step R behind L
7-8 Step L to left, touch R beside L

Section 3 (FORWARD RIGHT RUMBA BOX)

1-2 Step R to right side, step L beside R
3-4 Step R forward, touch L beside R
5-6 Step L to left side, step R beside L
7-8 Step L back, touch R beside L

Section 4 (V-STEP, 1/4 TURN RIGHT STEP R CLAP, L CLAP)

1-2 Step R forward, step L forward
3-4 Step R back, step L back
5-6 Cross R over L, step L back
7-8 Turn 1/4 right step R (with clap), step L beside R (with clap)

Enjoy this Absolute Beginner dance!

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