

Bye Heart

拍數: 64 牆數: 2 級數: Improver
編舞者: Andrew Hayes (UK) & Alexis Tait (SCO) - January 2025
音樂: Bye Heart - Adam Doleac



Intro: 16 Counts, Start at approx 9 secs

SEC 1 Vine, Cross, Side Shuffle, Back Rock

1-2 Step right to right, step left behind right
3-4 Step right to right, cross left over right
5&6 Step right to right, step left beside right, step right to right
7-8 Rock left back, recover weight on to right

SEC 2 Side, Behind, ¼ Shuffle, Rock, Coaster Step

1-2 Step left to left, step right behind left
3&4 Turn ¼ left step left forward, step right beside left, step left forward (9:00)
5-6 Rock right forward, recover weight on to left
7&8 Step right back, step left beside right, step right forward

SEC 3 Step, Point, Step, Point, Cross, ¼ Back, Side Shuffle

1-2 Step left forward, point right to right
3-4 Step right forward, point left to left
5-6 Cross left over right, turn ¼ left step right back (6:00)
7&8 Step left to left, step right beside left, step left to left

SEC 4 Step, Point, Step, Point, Jazzbox

1-2 Step right forward, point left to left
3-4 Step left forward, point right to right
5-6 Cross right over left, step left back
7-8 Step right to right, step left forward

***Restart Here on Wall 3**

SEC 5 Step, ¼ Pivot, Step, ¼ Pivot, Side Switches, Touch

1-2 Step right forward, pivot ¼ left transferring weight onto left (3:00)
3-4 Step right forward, pivot ¼ left transferring weight onto left (12:00)
5&6& Point right to right, step right beside left, point left to left, step left beside right
7-8 Point right to right, touch right beside left

SEC 6 Step, Touch, Back, Touch, Knee Pops

1-2 Step right forward, touch left beside right clap hands
3-4 Step left back, touch right beside left clap hands
5-6 Step right to right popping left knee forward, pop right knee forward
7-8 Pop left knee forward, pop right knee forward

SEC 7 Walk, Walk, Shuffle, Rocking Chair

1-2 Step right forward, step left forward
3&4 Step right forward, step left beside right, step right forward
5-6 Rock left forward, recover weight on to right
7-8 Rock left back, recover weight on to right

SEC 8 Step, ½ Hook, Shuffle, Rock, Coaster Step

1-2 Step left forward, turn ½ right hook right over left (6:00)
3&4 Step right forward, step left beside right, step right forward

5-6
7&8

Rock left forward, recover weight on to right
Step left back, step right beside left, step left forward
