

My City

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Guillaume Richard (FR) - February 2025
音樂: My City - Ryan Innes & Dubkiller



Intro: 16 counts

Restart: During wall 1 & 3, restart the dance after 24 counts modifying the sailor step into a $\frac{3}{4}$ turn with an extra $\frac{1}{4}$ turn on ball of LF

During wall 2, 4 & 6, restart the dance after 16 counts

Tag : During wall 2, do the first 16 counts and add a Jazz Box

At the end of wall 5, add a Jazz Box

1-4 Cross RF over LF (1), Step LF back (2), Step RF to R (3), Cross LF over RF (4)

[1 – 8] Dorothy Step, Heel & Cross, $\frac{1}{4}$ turn Step & Sweep, Sailor Heel, Ball Cross

1-2& Step RF fwd in R diagonal (1), Cross LF behind RF (2), Step RF next to LF (&) 12:00

3&4 Tap L heel in L diagonal (3), Step LF next to RF (&), Cross RF over LF (4) 12:00

5-6& Step $\frac{1}{4}$ turn R stepping LF back and sweep RF from front to the back (5), Cross RF behind LF (6), Step LF to L (&) 3:00

7&8& Tap R heel in R diagonal (7), Step RF next to LF (&), Cross LF over RF (8), Step RF to R (&) 3:00

[9 – 16] Cross Rock, Shuffle $\frac{1}{4}$ turn, Step $\frac{1}{2}$ Pivot, Triple Full Turn, Step

1-2 Cross LF over RF (1), Recover on RF (2) 3:00

3&4 Make $\frac{1}{4}$ turn L stepping LF fwd (3), Step RF next to LF (&), Step LF fwd (4) 12:00

5-6 Step RF fwd (5), Make $\frac{1}{2}$ turn L stepping on LF (6) 6:00

7&8& Make $\frac{1}{2}$ turn L stepping RF back (7), Make $\frac{1}{2}$ turn L stepping LF fwd (&), Step RF fwd (8), Step LF fwd (&) 6:00

[17 – 24] Rock Step, $\frac{1}{4}$ turn Step & Point, Hitch, Cross, Touch, Side Rock, Sailor $\frac{1}{2}$ turn Step

1-2& Step RF fwd (1), Recover on LF (2), Make $\frac{1}{4}$ turn R stepping RF to R (&) 9:00

3&4 Point LF to L (3), Hitch L knee up (&), Cross LF over RF (4) 9:00

5-6 Step RF to R (5), Recover on LF (6) 9:00

7&8& Cross RF behind LF (7), Make $\frac{1}{2}$ turn R stepping LF next to RF (&), Cross RF over LF (8), Step LF to L (&) 3:00

[25 – 32] Cross Rock x2, Cross, Step $\frac{1}{4}$ turn, Step & Hitch, Run x2

1-2& Cross RF over LF (1), Recover on LF (2), Step RF to R (&) 3:00

3-4& Cross LF over RF (3), Recover on RF (4), Step LF to L (&) 3:00

5-6& Cross RF over LF (5), Step LF to L (6), Make $\frac{1}{4}$ turn R stepping on RF (&) 6:00

7-8& Step LF fwd raising on toes to hitch R knee up (7), Step RF fwd (8), Step LF fwd (&) 6:00