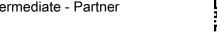
Put a Boot in It (P)



編舞者: David Robert (CAN) - January 2025 音樂: Put A Boot In It - Justin Moore



Right Open Promenade Position Face L.O.D

Intro: 16 counts

[1-8] (Shuffle 1/2 turn, Back Rock) X2,

1&2 M: Shuffle LF, RF, LF, 1/2 turn to right R.L.O.D.

W: Shuffle RF, LF, RF, 1/2 turn to left R.L.O.D.

The man and the woman hold each other by the waist

3-4 M: Rock RF behind – return on LF

W: Rock LF behind - return on RF

5&6 M: Shuffle RF, LF, RF, 1/2 turn to left L.O.D

W: Shuffle LF, RF, LF, 1/2 turn to right L.O.D.

The man and the woman hold each other by the waist

Take man's L hand in the woman R hand

7-8 M: Rock LF behind – Return on RF

W: Rock RF behind - return on LF

[9-16]

M: (Walk, Walk Shuffle Fwd) X2,

W: Walk, 1/2 Turn, Shuffle Back, Back, Back, Shufle Back,

The woman passes under her R arm

1-2 M: LF forward- RF forward

W: RF forward – 1/2 turn to right, LF behind R.L.O.D.

Take Closed Western Position

3&4 M: Shuffle LF, RF, LF, Forward

W: Shuffle RF, LF, RF, Behind

5-6 M: RF forward- LF forward

W: LF behind - RF behind

7&8 M: Shuffle RF, LF, RF, Forward

W: Shuffle LF, RF, LF, Behind

[17-24] Side, Togheter, Shuffle 1/4 Turn, Pivot 1/2 Turn, Shuffle 1/4 Turn

1-2 M: LF to left – RF next to LF

W: RF to right - LF next to RF

Let go the man's L hand and the woman's R hand

3&4 M: Shuffle LF, RF, LF, 1/4 turn to left I.L.O.D.

W: Shuffle RF, LF, RF, 1/4 turn to right I.L.O.D.

Let go all hand

5-6 M: RF Forward – Pivot 1/2 to left

W: LF forward - Pivot 1/2 to right

Take the two hand, Open Double Hand Hold Position

7&8 M: Shuffle RF, LF, RF, 1/4 turn to left L.O.D.

W: Shuffle LF, RF, LF, 1/4 turn to right R.L.O.D.

[25-32] Back Rock, Triple Step, Walk 1/8 Turn, Walk 1/8Turn, Shuffle Fwd 1/4 Turn,

1-2 M: Rock LF behind – Return on RF

W: Rock RF behind - Return on LF

3&4 M: Triple Step LF, RF, LF, Slightly to the left

W: Triple Step RF, LF, RF, Slightly to the left

The partners are right shoulder to right shoulder

For the counts 5-8, Do a Pinwheel

5-6 M: RF forward, 1/8 turn to right –LF forward, 1/8 turn to right

W: LF forward 1/8 turn to right - RF forward, 1/8 turn to right

7&8 M: Shuffle RF, LF, RF, 1/4 Turn to right R.L.O.D.

W: Shuffle LF, RF, LF, 1/4 Turn to right L.O.D.

[33-40]

M: Walk 1/8 Turn, Walk 1/8 Turn, Shuffle Fwd 1/4 Turn,

W: Walk, Walk, Shuffle Fwd, Full Turn, Shuffle Fwd,

The man passes behind the woman

1-2 Leave the man's L hand and the woman's R hand, The woman passes under her L arm M:

LF forward 1/8 turn to right – RF forward, 1/8 turn to right

W: RF diagonaly forward – LF Forward

3&4 M: Shuffle LF, RF, LF, 1/4 Turn to right L.O.D.

W: Shuffle RF, LF, RF, Forward

Right Open Promenade Position

Let go all hands

5-6 M: 1/2 turn to Left, RF behind – 1/2 turn to Left, LF forward

W: 1/2 turn to right, LF behind - 1/2 turn to right, RF forward

Restart after count 5 on the third routine and increase the cadence (Do not turn, take a step forward) 7&8 M:.

7&8 M: Shuffle RF, LF, RF, Forward

W: Shuffle LF, RF, LF, Forward

Restart at this point for the second routine and decrease the cadence

[41-48] Rock Step, Shuffle 1/2 Turn, (Step 1/4 Turn) X2, Shuffle Fwd

The man clap his L hand in the Woman's R hand

1-2 M : Rock LF Forward – Return on the RF

W: Rock RF forward - Return on the LF

Let go all hands

3&4 M : Shuffle LF, RF, LF, 1/2 turn to left R.L.O.D.

W: Shuffle RF, LF, RF, 1/2 turn to right R.L.O.D.

Take the man's L hand in the woman's R hand, Left Open Promenade Position

Do not let go the hands, The man and woman cross left shoulder to left shoulder, don't raise the hands

5-6 M: RF forward, 1/4 turn to left – LF forward, 1/4 turn to left L.O.D.

W: LF forward, 1/4 turn to right - RF forward, 1/4 turn to right L.O.D.

One hand Wrap Position

7&8 M: Shuffle RF, LF, RF, Forward

W: Shuffle LF, RF, LF, Forward

[49-56]

M: Walk X2, Shuffle Fwd, Side Rock, Triple Step Full Turn,

W: Full Turn, Shufle Fwd, Side Rock, Cross Shuffle,

Do not let go the hands

1-2 M : LF forward – RF forward

W: 1/2 turn to Left, RF behind - 1/2 turn to Left, LF forward

3&4 M: Shuffle LF, RF, LF, Forward

W: Shuffle RF, LF, RF, Forward

5-6 M: Rock RF to right – Return on the LF

W: Rock LF to left - Return on the RF

Let go all hands, The man cross behind the woman

7&8 M: Triple Step RF, LF, RF, full turn to the right

W: Cross Shuffle LF, RF, LF, to the right

Take the Man's R hand in the woman's left hand, Right Open Promenade Position

[57-64] (Point, Cross) X2, Kick Ball Step X2,

M: Point L to left- LF cross in front RF
W: Point R to right – RF cross in front LF
M: Point R to right – RF cross in front LF
W: Point L to left- LF cross in front RF
M: Kick LF Forward – LF next to RF – RF Forward
W: Kick RF forward – RF next to LF – LF forward
M: Kick LF Forward – LF next to RF – RF Forward
W: Kick RF forward – RF next to LF – LF forward

Restarts

On the second routine, do the first 40 counts and start the dance again On the third routine, Do the 37 first counts and start the dance agai