

Everything She Ain't

COPPER KNOB
STEPSHEETS

拍數: 152 牆數: 0 級數: Phrased Beginner
編舞者: Nico Osier (USA) - February 2025
音樂: Everything She Ain't - Hailey Whitters



PART A (1-4): 48 counts

A1: Conga Walks and Step Together Step Touches - 16 ct

1,2,3,4,5,6,7,8 Walk forward R,L,R, kick L, Walk backward L,R,L, touch R
1234,5678 Step R, join L, step R, touch L, step L, join R, step L, touch R.

A2: Stomp R and Tap Heel, Stomp L and Tap Heel - 8 ct

1,2,3,4,5,6,7,8 Stomp R and tap heel 3 times, stomp L and tap heel 3 times

A3: Hop front, back, front front front - 8 ct

&1,-,&3,-,&5,&6,&7 Hop front, hop back, hop front, hop front, hop front, hop front

A4: Blow a kiss with the right hand, blow a kiss with the left hand, and shrug - 8 ct

12,34,5678 Blow a kiss R, blow a kiss L, shrug up for 2 counts and down for 2 counts

A5: Box step, paddle/recover with lasso twice to turn ¼ L, 2 claps - 8 ct

1,2,3,4 Step forward R, step L next to R, step back R, step L next to R
5,6,7,&8 Turn ¼ L (12-to-9) lasso and paddle R/step L, lasso and paddle R/step left, 2 claps (&8)

PART B - 32 counts

B: Vines, step touches, heels, 2 claps, step-points, rock step, triple, back it up & hitch - 32 ct

1,2,3,4,5,6,7,8 Vine R touch L, vine L touch R
12,34,&5,&6,&7,&8 Step R touch L, step L touch R, heels (R,L,R), hold feet + 2 claps
12,34 Moving forward step Forward R, point L foot L, step L forward, point R foot R
56,78 Moving backward step R, point L foot L, step back L, point R toe to R
1,2,3&4 Rock back R, recover L, triple forward R,L,R
5,6,7,&8 Walk backward L, R, L, and hitch R knee

PART C - 8 counts

C1: Cross, Unwind, & Show Off With 2 Claps - 8 counts

1,234,567&8 Cross R over L, unwind over 3 counts, improve and show off for 4 counts + 2 claps (&8)

PART D - 16 counts

D1: Triple step, step, turn, triple step step, turn - 16 ct

1&2,34,5&6,78 Triple RLR, step L turn right (½), LRL, step R, turn L (½)
1&2,34,5&6,78 Triple RLR, step L turn right (½), LRL, step R, turn L (½)

ABBREVIATED PART A (Repeat A1, A3, A5): 32 ct

REPEAT A1: Conga Walks and Step Together Step Touches (can swap with turns) - 16 ct

1,2,3,4,5,6,7,8 Walk forward R,L,R, kick L, Walk backward L,R,L, touch R
1234,5678 Step R, join L, step R, touch L, step L, join R, step L, touch R.

REPEAT A3: Hop front, back, front front front - 8 ct

&1,-,&3,-,&5,&6,&7 Hop front, hop back, hop front, hop front, hop front, hop front

REPEAT A5: Box step, paddle/recover with lasso twice to turn ¼ L, 2 claps - 8 ct

1,2,3,4 Step forward R, step L next to R, step back R, step L next to R
5,6,7,&8 Turn ¼ L (9-to-6) lasso and paddle R/step L, lasso and paddle R/step left, 2 claps (&8)

REPEAT PART B - 32 counts

1,2,3,4,5,6,7,8 Vine R touch L, vine L touch R
12,34,&5,&6,&7,&8 Step R touch L, step L touch R, heels (R,L,R), hold feet + 2 claps
12,34 Moving forward step Forward R, point L foot L, step L forward, point R foot R
56,78 Moving backward step R, point L foot L, step back L, point R toe to R
1,2,3&4 Rock back R, recover L, triple forward R,L,R
5,6,7,&8 Walk backward L, R, L, and hitch R knee

REPEAT *MODIFIED* PART C - 8 counts

C2: Cross, Unwind, Cross, Unwind - 8 ct

1,234,5,678 Cross R over L, unwind to turn fully around, cross L over R and unwind to turn fully around

REPEAT *MODIFIED* PART D - 32 counts

D2: Triple R, step turn, triple L, step turn, triple R, step turn, triple L, step turn +2 claps, triple R, step turn, triple L, step turn, triple R, step turn, triple L, step turn

1&2,34,5&6,78 Triple RLR, step L turn right (½), LRL, step R, turn L (½)
1&2,34,5&6,7&8 Triple RLR, step L turn right (½), LRL, step R, turn L (½) + 2 claps
1&2,34,5&6,78 Triple RLR, step L turn right (½), LRL, step R, turn L (½)
1&2,34,5&6,78 Triple RLR, step L turn right (½), LRL, step R, turn L (½)

REPEAT *ABBREVIATED* PART A: 16 counts

REPEAT A2: Stomp R and Tap Heel, Stomp L and Tap Heel - 8 ct

1,2,3,4,5,6,7,8 Stomp R and tap heel 3 times, stomp L and tap heel 3 times

REPEAT A5: Box step, paddle/step with lasso 2x to turn ¼ L, *pause with music* + 2 claps - 8 ct

1,2,3,4 Step forward R, step L next to R, step back R, step L next to R
5,6,7,&8 Turn ¼ L (6-to-3) lasso and paddle R/step L, lasso and paddle R/step left, 2 claps (&8)

REPEAT B + C2 + C1 - 48 counts

B: Vines, step touches, heels, 2 claps, step-points, rock step, triple, back it up & hitch - 32 ct

1,2,3,4,5,6,7,8 Vine R touch L, vine L touch R
12,34,&5,&6,&7,&8 Step R touch L, step L touch R, heels (R,L,R), hold feet + 2 claps
12,34 Moving forward step Forward R, point L foot L, step L forward, point R foot R
56,78 Moving backward step R, point L foot L, step back L, point R toe to R
1,2,3&4 Rock back R, recover L, triple forward R,L,R
5,6,7,&8 Walk backward L, R, L, and hitch R knee

C2: Cross, Unwind, Cross, Unwind - 8 ct

1,234,5,678 Cross R over L, unwind to turn fully around, cross L over R and unwind to turn fully around

C1: Cross, Unwind, & Show Off With 2 Claps - 8 counts

1,234,567&8 Cross R over L, unwind over 3 counts, improve and show off for 4 counts + 2 claps (&8)
