Always Know The Exits



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Justin Desloges (CAN) & Tracey Fiorini (CAN) - February 2025

音樂: always know the exits - Julia Minichiello



No Tags, No Restarts.

Intro - 16 Counts, Starts just before Lyrics

Section 1 (Counts 1 - 8)

Step-Ball-Step w/ Holds, Behind-Side-Cross-Rock, Recover

1 - 2	(Step RF to R Side, Hold)
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- & 3 4 (Step Ball of LF Beside RF, Step RF to R Side, Hold)
- 5 6 (Cross LF Behind RF, Step RF Beside LF)
- 7 8 (Cross-Rock LF in Front of RF, Recover weight to RF)

Section 2 (Counts 9 - 16)

Left Weave, 1/4 Turn Step, Chase Turn

- 1 2 (Step LF Beside RF, Cross RF In Front LF)3 4 (Step LF Beside RF, Cross RF Behind LF)
- 5 6 (1/4 Turn Over L Shoulder (9:00) Stepping LF Forward, Step RF Forward)
- 7 8 (Pivot-1/2 Turn over L Shoulder (3:00), Step RF Forward)

Section 3 (Counts 17 - 24)

Step-Sweeps, 1/4 Turn Jazz Box

- 3 4 (Weight to RF, Sweep LF from Back to Front.)
- 5 6 (Cross-Step LF Over RF, 1/4 Turn Stepping RF Back (12:00))
- 7 8 (Step LF to L Side, Touch RF next to LF)

Section 4 (Counts 25 - 32)

Point-Ball-Point w/ Holds, Behind - 1/4 Turn, Step - Touch

- & 3 4 (Ball-Cross RF in Front of LF, Point LF to L Side, Hold)
- 5 6 (Cross LF Behind RF, 1/4 Over R Shoulder Stepping RF Forward (3:00))
- 7 8 (Step LF to L Side, Touch RF beside LF)

Last Update: 23 Feb 2025