Cupid's a Cowgirl



拍數: 32 牆數: 4 級數: High Beginner / Improver

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音樂: Cupid's A Cowgirl - Alexandra Kay



Sequence: 32, Tag, 32, 16, Restart, 32, Tag, 32, 16, Tag x 2, 32, 32

[1-8] Wizard Steps, Out, Out, In, In, Out, Out, In, In

1,2 & - Step forward R foot diagonally, Step L foot behind R, Step forward R foot 3,4 & - Step forward L foot diagonally, Step R foot behind L, Step forward L foot

5 & 6 & - Step out R foot forward, Step out L foot forward, Step in R foot, close L foot next to R foot

Styling option Lasso with R arm above head

7 & 8 & - Repeat Steps 5 & 6 &

[9-16] Side Shuffle R, Rock, Recover, Side Shuffle 1/4 Turn R, Step, Touch

9 & 10 - Shuffle R, Stepping out R, Stepping L beside, Step out R

11, 12 - Rock back on L foot, Recover on R foot

13 & 14 - Shuffle L making a 1/4 turn R, Step out L foot, Close R beside, Step L foot

15, 16 - Step back on R foot, Touch L foot in front of R

Restart Here on Wall 3

[17-24] Step Hitches, Ball Step, 1/2 Pivot, 1/2 Pivot

17, 18 - Touch L foot down, Step back on R foot &Hitch L knee

& 19 & 20 - Touch L foot down, Step back on R foot & Hitch L knee (Repeat) & 21, 22, - Ball step L foot to R foot, Step R foot down in front of L, 1/2 Pivot

23, 24 - Step R foot down in front of L, 1/2 Pivot

[25-32] Heel Jacks, Full turn, Shake

1 & 2 & - Step R to R side, cross L over R, Step out R to R side, Present L heel on a forward diagonal

3 & 4 & - Bring L foot back to center, Cross R over L, Step out L to L side, Present R heel on a forward

diagona

5 & 6, 7 - Ball Cross L foot over R and start turning over R shoulder, shifting weight to L foot as you do

full turn

& 8 - R hip goes out, in

Tag: 16 Counts, happens 4 times

1, 2, 3, 4 - Stomp R foot, Hold, Bend R elbow using finger gun, Move R elbow back, Drop arm to side

5, 6, 7, 8 - Stomp L foot, Hold, Drop into a squat (body roll down with knee pop for alternative), Stand Up

1, 2, 3, 4 - Stomp R foot back, Hold, Turn head/ Upper body back, Blow kiss with R hand

5, 6, 7, 8 - Return head/Upper body back facing forward, Bend R elbow using finger guns with L foot

weighted, Pretend to shoot finger guns, return arm back beside body

Last Update: 23 Feb 2025