Waltz Edelweiss

級數: Beginner

編舞者: Shanthie De Mel (AUS) - February 2012

音樂: Edelweiss (Waltz - 29bpm) - Tony Evans and His Orchestra

Intro: 16 Count. Begin on main melody. Slow waltz. 90 BPM.

Left rotation. No Tags. No Restarts.

(1-6) WALTZ BACK. FORWARD SLOW LIFT. STEP.

- 1, 2, 3 Step R back. Step L together. Step R in place.
- 4, 5, 6 Slow lift L forward for 2 counts. Step L in place. (12:00)

(7-12) BACK. CROSS. BACK. BACK. TOGETHER. TOGETHER.

- 1, 2, 3 Step R diagonally back to right. Cross L over R. Step R diagonally back to right.
- 4, 5, 6 Step L back. Step R together. Step L together.(12:00)

(13-18) CROSS. HOLD. HOLD. ROCK. RECOVER. BACK.

- 1, 2, 3 Cross R over L. Hold. Hold.
- 4, 5, 6 Rock L to left side. Recover R. Step L behind R heel. (12:00)

(19-24) CROSS. HOLD. HOLD. ROCK. RECOVER. BACK.

- 1, 2, 3 Cross R over L. Hold.
- 4, 5, 6 Rock L to left side. Recover R. Step L behind R heel. (12:00)

(25-30) CROSS. HOLD. POINT. x2

- 1, 2, 3 Cross R over L. Point L to left side. Hold.
- 4, 5, 6 Cross L over R. Point R to right side. Hold.

(31-36) CROSS. HOLD. POINT. x2

- 1, 2, 3 Cross R over L. Point L to left side. Hold
- 4, 5, 6 Cross L over R. Point R to right side. Hold.

(37-42) SAILOR BACK. x2

- 1, 2, 3 Cross R behind L. Step L to left side moving back. Step R to right side.
- 4, 5, 6 Cross L behind R. Step R to right side moving back. Step L to left side

(43-48) SAILOR WITH 1/4 LEFT TURN. HOLD.

- 1, 2, 3 Cross R behind L. Step L to left side moving back. Step R to right side.
- 4, 5, 6 Turning 1/4 left step L to left side. Hold for 2 counts. (9:00)





拍數: 48

牆數:4