

# Tak Mampu Bertahan

拍數: 32                      牆數: 2                      級數: Intermediate NC2S  
編舞者: Roosamekto Mamek (INA) - January 2025  
音樂: Tak Mampu Bertahan - Ika Manda



**Intro: 16 count (approximately 00:25 secs)**

**BRIDGE : On wall 3 after 16 & count**

**TAG : End of wall 3**

## **S1. BACK WITH SWEEP , BEHIND, SIDE, CROSS ROCK, FORWARD TURN 1/4 LEFT, BASIC NC2S (R & L)**

1-2&                      Step R back sweep L back – Cross L behind – Step R to side (12:00)  
3-4&                      Cross/Rock L over R – Recover on R – Turn 1/4 left step L forward (9:00)  
5-6&                      Step R to side – Step L behind R – Cross R over L  
7-8&                      Step L to side – Step R behind L – Cross L over R

## **S2. SIDE, SWAYS, FORWARD TURN 1/4 LEFT, WEAVE, BEHIND, SIDE, CROSS ROCK**

1-2&                      Step R to side – Sway body to left – Sway body to right (9:00)  
3-4&                      Turn 1/4 left step L forward sweep R forward – Cross R over L – Step L to side (6:00)  
5-6&                      Cross R behind L and sweep L back – Cross L behind R – Step R to side  
7-8&                      Cross/Rock L over R – Recover on R – Step L to side (6:00)

## **S3. BASIC NC2S TURN 1/4 LEFT, UNWIND TURN 3/4 RIGHT, RUN FORWARD R-L-R, HITCH, RUN BACK (L-R), BACK ROCK, BACK TURN 1/2 RIGHT**

1-2&                      Turn 1/4 left step R to side – Step L behind R – Cross R over L (3:00)  
3-4&                      Turn 1/4 right step L back (6:00) and continue make another turn 1/2 right (12:00) – Step R forward – Step L forward (12:00)  
5-6&                      Step R forward and hitch L knee up – Step L back – Step R back  
7-8&                      Rock L back – Recover on R – Turn 1/2 right step L back and sweep R back (6:00)

## **S4. WALK BACK WITH SWEEP (R-L-R), COASTER STEP, WALK FORWARD (R-L), REVERSE COASTER STEP**

1-2                      Step R back and sweep L back – Step L back and sweep R back (6:00)  
3-4&                      Step R back – Step L back – Step R together  
5-6                      Step L forward – Step R forward  
7-8&                      Step L forward – Step R forward – Step L together (6:00)

## **REPEAT**

**BRIDGE (4 count) : On wall 3 after 16 & count**

### **BASIC R NC2S TURN 1/4 LEFT, BASIC L NC2S**

1-2&                      Turn ¼ left step R to side – Step L behind R – Cross R over L  
3-4&                      Step L to side – Step R behind L – Cross L over R

**TAG (2 count) : End of wall 3**

### **SWAYS**

1-2                      Step R to side sway body to right – Sway to left and drag R toward L

**For more info about step sheet & song, please contact:**

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