

# Ode to Diana

拍數: 32      牆數: 4      級數: Improver  
編舞者: Claire Thomas (UK) - February 2025  
音樂: I'm Coming Out / Upside Down (Eric Kupper Remix) - Diana Ross



No tags, no restarts

**[1-8]: R grapevine and point L heel, followed by 3 x heel switches (and claps).**

- 1-2            Step R foot to R side then place L foot behind
- 3-4            Step R foot to R side and point L heel out to the L, followed by two claps.
- 5-6            R heel switch, L heel switch
- 7-8            R heel switch, followed by two claps.

**[9-16]: Cross shuffle, side shuffle (to the left), back rock and kick ball change.**

- 9-10            Cross R over L, L ball step and cross R over L again.
- 11-12           Step L to L side, bring R in, step L to L side.
- 13-14           Step back on R foot, then transfer weight back onto L foot.
- 15-16           Kick R foot forward, put R foot down and transfer weight on to L foot.

**[17-24]: ½ R Monterey turn, side rock together ( or side mambo step ), half turn with Chug x 3 and flick.**

- 17-18           Point R foot out to R side, make a ½ turn over R shoulder and bring R foot in.
- 19-20           Rock L foot out to L side and bring back in to touch R foot.
- 21-22           Keep weight pivoted on L foot and point R foot out to the side paddling 1/8 over L shoulder x 2.
- 23-24           Repeat count 21/22 (x1), then flick R out to R side.

**[25-32]: R jazzbox ¼ turn, followed by v steps.**

- 25-26           Cross R over L, then step back on L
- 27-28           Step R to R side, then bring in L foot to touch R foot.
- 29-30           Step out diagonally R with R foot, followed by L diagonally with L foot.
- 31-32           Bring R foot back in, then bring L foot back in to touch. END OF DANCE!

**HAVE FUN & ENJOY!!!**

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