

Ode to Diana

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Claire Thomas (UK) - February 2025
音樂: I'm Coming Out / Upside Down (Eric Kupper Remix) - Diana Ross



No tags, no restarts

[1-8]: R grapevine and point L heel, followed by 3 x heel switches (and claps).

- 1-2 Step R foot to R side then place L foot behind
- 3-4 Step R foot to R side and point L heel out to the L, followed by two claps.
- 5-6 R heel switch, L heel switch
- 7-8 R heel switch, followed by two claps.

[9-16]: Cross shuffle, side shuffle (to the left), back rock and kick ball change.

- 9-10 Cross R over L, L ball step and cross R over L again.
- 11-12 Step L to L side, bring R in, step L to L side.
- 13-14 Step back on R foot, then transfer weight back onto L foot.
- 15-16 Kick R foot forward, put R foot down and transfer weight on to L foot.

[17-24]: ½ R Monterey turn, side rock together (or side mambo step), half turn with Chug x 3 and flick.

- 17-18 Point R foot out to R side, make a ½ turn over R shoulder and bring R foot in.
- 19-20 Rock L foot out to L side and bring back in to touch R foot.
- 21-22 Keep weight pivoted on L foot and point R foot out to the side paddling 1/8 over L shoulder x 2.
- 23-24 Repeat count 21/22 (x1), then flick R out to R side.

[25-32]: R jazzbox ¼ turn, followed by v steps.

- 25-26 Cross R over L, then step back on L
- 27-28 Step R to R side, then bring in L foot to touch R foot.
- 29-30 Step out diagonally R with R foot, followed by L diagonally with L foot.
- 31-32 Bring R foot back in, then bring L foot back in to touch. END OF DANCE!

HAVE FUN & ENJOY!!!
