

One & Only

拍數: 32 牆數: 4 級數: Novice
編舞者: Linda Sansoucy (CAN) - February 2025
音樂: Whatcha Drinkin 'Bout - Stephanie Quayle



Intro: 32 count

[1-8] SIDE SHUFFLE ¼ TURN RIGHT, MILITARY PIVOT, SIDE SHUFFLE ¼ TURN RIGHT, BACK ROCK

1&2 Step right to right side, Step left next to right, Step right forward ¼ turn right 3:00
3-4 Step left forward, Pivot ½ right 9:00
5&6 Step left side ¼ turn right, Step right next to left, Step left side 12:00
7-8 Rock back on right, Recover left

[9-16] STEP FWD, SIDE POINT, STEP FWD, SIDE POINT, ROCK FORWARD, SHUFFLE FORWARD HALF TURN

1-2 Step right forward, Point left to left
3-4 Step left forward, Point right to right
5-6 Rock forward on right, Recover left
7&8 Step right side ¼ turn right, Step left next to right, Step right forward ¼ turn right 6:00

Restart after 2nd and 6th routine, replace counts 7&8 with 7 Step right fwd ½ turn right, 8 Step left fwd

[17-24] STEP FORWARD, TOUCH BEHND, SHUFFLE BACK, STEP SIDE ¼ TURN LEFT, STEP FWD ¼ TURN LEFT, SHUFFLE FORWARD

1-2 Step left forward, Touch right behind to left
3&4 Step right back, Step left next to right, Step right back
5-6 Step left side ¼ turn left, Step right forward ¼ turn left LOD
7&8 Step left forward, Step right next to left, Step left forward

[25-32] SKATE FWD, SKATE FWD, SHUFFLE FORWARD, ROCK FORWARD, BACK STEP, TAP

1-2 Skate right forward, Skate left forward
3&4 Step right forward, Step left next to right, Step right forward
5-6 Rock forward on right, Recover right
7-8 Step left back, Touch right next to left

RESTART

*1er After 2 routines, you dance the counts from 1 to 16.

You replace counts 7&8 from part 2 with 7 Step right forward ½ turn right, 8 Step left forward

**2e After 6 routines, you dance the counts from 1 to 16.

You replace counts 7&8 from part 2 with 7 Step right forward ½ turn right, 8 Step left forward

Change accounts 7&8 from part 2

7-8 Step right forward ½ turn right, Step left forward

TAG at the end of the 8th routine, face LOD and you start again!

SIDE, TAP, SIDE TAP

1-2 Step right side, Touch left next to right
3-4 Step left side, Touch right next to left LOD

Have a fun!

Linda Sansoucy