

Footloose Cowgirl

COPPERKNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Unknown - February 2025
音樂: Cowgirl - Parmalee : (iTunes and Amazon)



Intro: 16 counts

NO TAGS, NO RESTARTS, YOU'RE WELCOME ☐

(1 – 8) GRAPEVINE R, GRAPEVINE L

1 – 4 Step R to R, Step L behind R, Step R to R, Touch L next to R
5 – 8 Step L to L, Step R behind L, Step L to L, Touch R next to L

(9 – 16) K STEP

1 – 2 Step R forward on diagonal, Touch L next to R
3 – 4 Recover on L at center, Touch R next to L
5 – 6 Step R backward on diagonal, Touch L next to R
7 – 8 Recover on L at center, Step R next to L

(17 – 24) HEEL SPLITS 2Xs, PRESENT HEEL, TOE TOUCHES

1 – 2 Split both heels out to sides, Bring back to center
3 – 4 Split both heels out to sides, Bring back to center
5 – 8 Present R heel forward 2Xs, Tap R toe backwards 2Xs

(25 – 32) ALTERNATE HEELS, PRESENT HEEL 2Xs, R TOE TAPS HOOK & FLICK

1&2& Present R heel forward, Step R next to L, Present L heel forward, Step L next to R
3 – 4 Present R heel forward 2Xs
5 – 8 Tap R toe behind you, Tap R toe to R side, Hook R across front of L, Flick R to R while pivoting to L ¼ turn (9:00)

Restart and smile ☐

Styling suggestion: you may make the grapevines rolling vines if you'd prefer.

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