If I Could Turn Back Time



拍數: 28 牆數: 4 級數: Low Intermediate

編舞者: Laura Hannele Pitkänen (FIN) - December 2024

音樂: If I Could Turn Back Time - Cher



** Placed 3rd in choreography at the Traditional Western Dance Competition, TWDC Orimattila Finland, Feb 2025 **

EASY 4 COUNT TAG: Rocking chair, after wall 5 facing 3:00

RESTART: Arter 8 counts, on wall 12 facing 6:00

Intro: 16 counts, approx. 8 seconds, start on the word "Turn..."

[1-8]: PUSH TURN 1/4 L, STEP-DRAG-BALL-STEP, SLOW STEP-LOCK-STEP FORWARD

1-2 Push fwd on ball of LF and turn 1/4 left stepping RF back (1-2) [9:00],

3-4 Big step LF back (3), Drag RF towards LF (4),

85-6 Step on ball of RF bsd LF (&), Step LF fwd (5), Step RF fwd (6),

7-8 Lock LF bhd RF (styling option: pop R knee) (7), Step RF fwd (8),

RESTART HERE ON WALL 12 (When the chorus starts, on the word "Turn...")

[9-16] SIDE-HOLD-BALL-ROCK TURN 1/8 L, STEP-LOCK STEP DIAGONALLY BACK, ROCK TURN 1/4 R

1-2& Step LF to left side (1), Hold (2), Step on ball of RF bsd LF (&),
3-4 Rock step LF to left turning 1/8 left (3), Recover on RF [7:30] (4),
5&6 Step LF back (5), Lock step RF over LF (&), Step LF back (6),
7-8 Turn ¼ right stepping RF to right (7), Recover on LF [10:30) (8),

[17-24] BEHIND-SIDE TURNING 1/8 L, CROSS-HITCH, CROSS-POINT, STEP-LOCK-STEP FORWARD

1-2 Step RF bhd LF (option: dip down slightly) (1), Step LF to left straightening body to 9:00 (2),

3-4 Cross step RF over LF (3), Hitch LF (4),

5-6 Cross step LF over RF (5), Point RF to right side (6), 7&8 Step RF fwd (7), Step LF bsd RF (&), Step RF fwd (8),

[25-28] PIVOT ½ R. 2x PRISSY WALK L-R (MAKE IT SASSY ON THE CHORUS)

1-2 Step LF fwd (1), Turn ½ right stepping RF fwd [3:00] (2),

3-4 Step LF fwd slightly crossing over RF (3), Step RF fwd slightly crossing over LF (4)

REPEAT

#4 COUNT TAG (After wall 5 facing 3:00):

ROCKING CHAIR

1-2 Rock step LF fwd, Recover on RF,3-4 Rock step LF back, Recover on RF

RESTART: (You know it's coming when the music quiets down on wall 10 starting 3:00 and rises back with electric guitar sounds on wall 11 starting 6:00)

Restart comes on wall 12 that starts facing 9:00, but turns to face 6:00. Dance up to count 8, restart facing 6:00. Restart on the word "Turn...".

Have fun!