

# Good to Be

拍數: 48      牆數: 2      級數: Phrased Intermediate  
編舞者: Brian Di Venuta (IT) - February 2025  
音樂: Good To Be - Mark Ambor



Description: PART A (32 counts) - PART B (16 counts) - TAG (24 counts)  
Sequence: A - TAG - B - B - A - TAG - B - B - B - B - A (16 counts)

## PART A

### #1st SECTION -> STEP ×2 FWD, MAMBO STEP FWD, COASTER STEP, HALF RUMBA-BOX FWD

1,2            step R forward, step L forward  
3&4           rock R forward, recover weight on L step, R step back  
5&6           L step back, R step next L, L step forward  
7&8           R step to R side, L close next R, R step forward

### #2nd SECTION -> HALF RUMBA-BOX BK, ¼ STEP, ½ STEP, ¼ SAILOR STEP, STOMP UP, ROCK BK, STOMP ×2 FWD

1&2           L step to L side, R close next L, L step back  
3,4           ¼ turn R with R side step, ½ turn R with L step  
5&6&          ¼ turn R with R sailor step, L stomp without. weight  
7&8&          L rock back and recover weight on R, L stomp forward, R stomp forward

### #3rd SECTION -> STEP ×2 FWD, MAMBO STEP FWD, COASTER STEP, HALF RUMBA-BOX FWD

1,2           step L forward, step R forward  
3&4           rock L forward, recover weight on R step, L step back  
5&6           R step back, L step next R, R step forward  
7&8           L step to L side, R close next L, L step forward

### #4th SECTION -> HALF RUMBA-BOX BK, ¼ STEP, ½ STEP, SAILOR STEP, STOMP UP, ROCK BK, STOMP ×2 FWD

1&2           R step to R side, L close next R, R step back  
3,4           ¼ turn L with L side step, ½ turn L with R step  
5&6&          ¼ turn L with L sailor step, R stomp without weight  
7&8&          R rock back and recover weight on L, R stomp forward, L stomp forward

## PART B

### #1st SECTION -> ROCKING CHAIR, TWISTER KICK, (KICK, HOOK, KICK, FLICK) ×2

1&2&          While jumping R rock diagonally forward, recover weight on L, R rock diagonally back, recover weight on L  
3&4&          R kick forward, ½ turn L and recover weight on R, ½ kick L forward, recover weight on L  
5&6&          R kick to R side, L hook back, R kick to R side, L flick  
7&8&          L kick to L side, R hook back, L kick to L side, R flick

### #2nd SECTION -> ROCKING CHAIR, TWISTER KICK, ROCKING CHAIR, STEP PIVOT ½, FULL TURN FWD

1&2&          While jumping R rock diagonally forward, recover weight on L, R rock diagonally back, recover weight on L  
3&4&          R kick forward, ½ turn L and recover weight on R, ½ kick L forward, recover weight on L  
5&6          R rock forward, recover weight on L, R rock back, recover weight on L  
7&           R step forward and ½ turn L  
8&           ½ turn L with R step back, ½ turn L with L step forward

## TAG

**\*1st SECTION -> TOE STRUT ×4, KICK, RECOVER, KICK, STEP FWD, SWIVEL ×2, STOMP UP**

1&2& R toe to R side, recover weight on R, ½ turn R with L toe to L side, recover weight on L  
3&4& ½ turn R with R toe, recover weight on R, L toe next to R, recover weight on L  
5&6& R kick forward, recover weight on R on place, L kick forward, L step forward  
7&8& L heel rotate out and return, L heel rotate out and stomp up

**\*2nd SECTION -> TOE STRUT ×4, KICK, RECOVER, KICK, STEP FWD, SWIVEL ×2**

1&2& L toe to L side, recover weight on L, ½ turn L with R toe to R side, recover weight on R  
3&4& ½ turn L with L toe, recover weight on L, R toe next to L, recover weight on R  
5&6& L kick forward, recover weight on L on place, R kick forward, R step forward  
7&8& R heel rotate out and return, R heel rotate out and return

**\*3rd SECTION -> HEEL, TOE, HEEL, FLICK, STOMP, hold ×3**

1,2 R heel forward, L toe back  
3,4 L heel forward, R flick  
5,6,7,8 R stomp, hold, hold, hold

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