

# Vivir Mi Vida

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Seonhee Lim (KOR) - February 2025  
音樂: Vivir Mi Vida - Marc Anthony



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## Sec 1 Side, Rock Back, Cross R L, FW Mambo, Coaster Cross

1-2&      RF Side, LF Rock back, RF Cross  
3-4&      LF Side, RF Rock Back, LF Cross  
5&6      RF Forward rock, LF Recover, RF Back  
7&8      LF Back, RF Together, LF Cross

## Sec 2 Side, Together, Chasse 1/4 R, Rock, Recover Chasse 1/2 L

1-2      RF Side, LF Together  
3&4      RF Side, LF Together, 1/4 R Turn FW (3:00)  
5-6      LF Forward rock, RF Recover  
7&8      LF 1/4 L Turn side, RF Together, LF 1/4 L Turn forward (9:00)

## Sec 3 FW 1/4 L Flick, Cross Shuffle, Side Mambo L,R

1-2      RF Forward, RF 1/4 L Trun Flick (6:00)  
3&4      RF Cross, RF Side, LF Cross  
5&6      LF Side rock, RF Recover, LF Together  
7&8      RF Side rock, LF Recover, RF Together

## Sec 4 Samba R L, Cross Rock, Recover, Back Rock, Recover,

8      /1 L Forward Rock, Recover, Back Rock, Recover  
1&2      RF Cross, LF Side rock, RF Recover  
3&4      LF Cross, RF Side rock, LF Recover  
5&6&      RF Cross rock, LF Recover, RF Back rock, LF Recover (4:30)  
7&8&      RF 8/1 L Trun FW rock, LF Recover, RF Back rock, LF Recover (3:00)

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