

Whole Lotta Quit

拍數: 32 牆數: 4 級數: Improver
編舞者: Lesley Stewart (SCO) & Kirsteen Currie (UK) - November 2024
音樂: Whole Lotta Quit - Randy Houser



Intro: 16 count intro from heavy beat, start on vocals

Tag: At the end of walls 2 & 6 add a right Rocking Chair

Note: The music goes quiet for a bit, just dance as normal, the beat will come in on wall 12, dance 29 counts add an & beat and start again.....its sounds hard but its not

HEEL, HEEL, TOE, TOE, HEEL, TOE, POINT, FLICK

1-2 Tap right heel forward x2
3-4 Tap right toe back x2
5-6 Tap right heel forward, tap right heel back
7-8 Touch right out to right side, flick right behind left

RIGHT VINE, ROLLING VINE LEFT

1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left next to right
5-6 ¼ turn left stepping forward on left, ½ turn right stepping back on right
7-8 ¼ turn left stepping left to left side, touch right next to left

SHUFFLE FORWARD, STEP ½ TURN, SHUFFLE FORWARD, FULL TURN LEFT or WALK FORWARD

1&2 Step forward on right, step left next to right, step forward on right
3-4 Step forward on left, ½ turn right
5&6 Step forward on left, step right next to left, step forward on left
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left

Easy Option: Walk forward right, left

SIDE HOLD, SIDE HOLD, SIDE TOUCH, ¼ SCUFF

1-2 Step right to right side, Hold
&3-4 Step left next to right, step right to right side, Hold
&5-6 Step left next to right, step right to right side, touch left next to right
7-8 ¼ left stepping forward on left, scuff right forward

Tag: Rocking Chair

1-2 Rock forward on right, recover
3-4 Rock back on right, recover

Start Again.....Happy Dancing..... :)