

# Hold Me While I Crash and Burn

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Sue Korek (USA) - 17 February 2025  
音樂: Hold Me - Fleetwood Mac  
或: Crash and Burn - Thomas Rhett



## Alternate Music:

Crash and Burn (Thomas Rhett—7 April 2015) Intro: 16 counts, bpm=130

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### Section 1 (KICK R, KICK L, JAZZ BOX W/ CROSS)

1-2            Kick R diagonally across L, step R beside L  
3-4            Kick L diagonally across R, step L beside R  
5-6            Step R across L, step L back  
7-8            Step R to right, cross L over R

### Section 2 (WEAVE RIGHT, SIDE SHUFFLE RLR, ROCK L BACK)

1-2            Step R right, step L behind R  
3-4            Step R right, step L across R  
5&6            Step R right, shuffle L beside R, step R right  
7-8            Rock L back, recover R

### Section 3 (WEAVE LEFT, SIDE SHUFFLE LRL, ¼ TURN R BACK)

1-2            Step L left, step R behind L  
3-4            Step L left, step R across L  
5&6            Step L left, shuffle R beside L, step L left  
7-8            ¼ turn right rock R back, recover L

### Section 4 (TWO KICK BALL CHANGE, ROCKING CHAIR)

1&2            Kick R forward, recover on R, step L beside R  
3&4            Kick R forward, recover on R, step L beside R  
5-6            Rock L forward, recover R  
7-8            Rock L backward, recover R

Enjoy this fun Easy Beginner dance!

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