

One More Time 2025

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: G.S. Jung (KOR) - February 2025
音樂: One More Time (Otra Vez) (feat. Reik) - SUPER JUNIOR



Restart: On Wall 4 after 16 counts [facing 9:00]

Intro: 32 Counts (Start at approx 20 secs)

SEC 1: Cross Rock, Recover, Side Rock, Recover, Cross Samba ×2

1&2& Cross Rock RF over LF(1), Recover on LF(&), Side Rock RF to R(2), Recover on LF(&)
3&4 Cross RF over LF(3), Side Rock LF to L(&), Recover on RF(4)
5&6& Cross Rock LF over RF(5), Recover on RF(&), Side Rock LF to L(6), Recover on RF(&)
7&8 Cross LF over RF(7), Side Rock RF to R(&), Recover on LF(8) [12:00]

SEC 2: Back/Sweep, Back/Sweep, Behind, Side, Cross, 1/2 L Turn Cross Shuffle, 1/8 L Turn Side, Together, Heel Bounce

1,2 Step RF Back with Sweep LF front to back(1), Step LF Back with Sweep RF front to back(2)
3&4 RF Behind LF(3), Side LF to L(&), Cross RF over LF(4)
5&6 1/2 L Turn Cross LF over RF(5), Step RF to R side(&), Cross LF over RF(6) [6:00]
&7&8 1/8 L Turn Side RF to R(&), LF beside RF(7), Both heels up(&), Drop both heels(8) [4:30]

**Restart on Wall 4 [facing 9:00]

SEC 3: Vaudeville Step×2, Cross, Side, 1/8 Turn Back, Hitch, Back, 1/8 Turn Side, Forward

1&2& Cross RF over LF(1), Step LF to L(&), Diagonal Toe Touch RF(2), Step RF next to LF(&)
[6:00]
3&4& Cross LF over RF(3), Step RF to R(&), Diagonal Toe Touch LF(4), Step LF next to RF(&)
[6:00]
5&6& Cross RF over LF(5), Step LF to L(&), 1/8 R Turn Step RF back(6) [7:30], Hitch L Knee(&)
7&8 Step LF back(7), 1/8 R Turn Side RF to R(&) [9:00], Forward Step LF(8)

SEC 4: Forward Mambo, Back Mambo, V-Step/Shimmy

1&2 Forward Rock RF(1), Recover LF(&), Step RF Back(2)
3&4 Back Rock LF(3), Recover RF(&), Step LF Forward(4)
5~8 Diagonal Forward Step RF(5), Diagonal Forward Step LF(6), Step RF back to center(7),
Closed LF next to RF(8) with Shimmy

Last Update: 18 Feb 2025