

編舞者: Tommy Sims (USA) - February 2025

音樂: Everyday - Darwin Hobbs



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

ROCK UP, CHA CHA BACK, ROCK BACK, CHA CHA UP

1 2 3&4 Rock up on left, recover on right, back cha LRL
5 6 7&8 Rock back on right, recover on left, forward cha RLR

DIAGONAL FORWARD CHAS

1 2 3&4 Step forward on left on diagonal, right, forward cha LRL Step forward on right on diagonal, left, forward cha RLR

CROSS OVER, RECOVER, CHAS IN PLACE

1 2 3&4 Cross left over right, recover on right, side cha LRL 5 6 7&8 Cross right over left, recover on left, side cha RLR

CROSS OVER, RECOVER, CHA, CROSS OVER, QUARTER RIGHT TURNING CHA

1 2 3&4 Cross left over right, recover on right, side cha LRL

5 6 7&8 Cross right over left, recover on left, quarter right turning cha RLR

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