# Love & Let Go

級數: Intermediate



拍數: 32

編舞者: Sawaludin (INA) - February 2025

音樂: Love & Let Go - Raisa

#### Intro : 32 counts - NO Tag, 3 Restart

# I. FWD ROCK, RECOVER, $\frac{1}{2}$ R, $\frac{3}{4}$ R SPIRAL & HOOK, WALK R-L, FWD ROCK, RECOVER, BACK, $\frac{1}{4}$ L SIDE ROCK, RECOVER, BEHIND, $\frac{1}{4}$ R

1-2& Rock R forward, recover on L, <sup>1</sup>/<sub>2</sub> turn Right stepping R forward

牆數:2

- 3-4& Step L forward and do spiral <sup>3</sup>/<sub>4</sub> turn Right with hook on R, step R forward, step L forward
- 5-6& Rock R forward, recover on L, step R back
- 7&8& ¼ turn Left rocking L to side, recover on R, cross L behind R, ¼ turn Right stepping R forward (03.00)

### II. ¼ R NC, ½ R SERPIENTE, SYNCO V STEP

- 1-2& 1/2 turn Right stepping L to side, cross R slightly behind L, cross L over R
- 3-4& <sup>1</sup>⁄<sub>4</sub> Turn right stepping R forward with sweep and continue <sup>1</sup>⁄<sub>4</sub> turn right sweep to front, cross L over R, step R to side
- 5-6& Cross L behind R with sweep from front to back, cross R behind L, step L next to R
- 7&8& Step R forward diagonal, step L forward diagonal, Step R back to center, step L next to R (12.00)

### RESTART HERE - W2,4,5

### III. LUNGE, FULL TURN, RECOVER, CROSS, TOUCH, ¾ R, FWD & SWEEP, CROSS, ¼ L

- 1 Lunge R to side
- 2&3 ¼ turn Left stepping L forward, ½ turn Left stepping L back, ¼ turn Left rocking L side
- 4&5 Recover on R, cross L over R, touch R to side
- 6-7 <sup>3</sup>/<sub>4</sub> turn Right keeping weight on L, step R forward with sweep from back to front
- 8& Cross L over R, ¼ turn Left stepping R back (06.00)

### IV. BACK ROCK, RECOVER, $\frac{1}{2}$ R, BACK ROCK, RECOVER, FWD, FWD & HITCH, BACK, CLOSE, $\frac{1}{2}$ R WALK AROUND

- 1-2& Rock L back, recover on R, <sup>1</sup>/<sub>2</sub> turn Right stepping L back
- 3-4& Rock R back, recover on L, step R forward
- 5-6& Step L forward & hitch on R, step R back, step L next to R
- 7&8& ½ turn Right stepping R forward, ½ turn Right stepping L forward, ½ turn Right stepping R forward, ½ turn Right stepping L forward (06.00)

#### Restart on wall 2,4 and 5 after 16 counts

ENJOY THE DANCE EVERYONE

For more info please kindly contact to sawaludin070397@gmail.com

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