

# This

拍數: 48      牆數: 4      級數: Improver  
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音樂: This - Darius Rucker



Intro 32 counts

\*1 TAG end of wall 2 ... 1 STEP CHANGE \*\*\* during wall 5

**WALK 2, OUT OUT, IN IN, ROCK FORWARD, COASTER.**

- 1,2, &3 &4 – walk forward right, left, step out to side with right (on &) step out to left (on 3), step back in place right (on &), close left beside right (on 4)  
5, 6, 7&8 - rock forward on right, recover back onto left, step back right, close left on &, step forward right

**ROCK LEFT, ROCK RIGHT 1/4 RIGHT (3.00), TURN 1/2 LEFT (9.00) BRUSH RIGHT THROUGH ON &, HITCH RIGHT FORWARD, 2 STEPS OF RIGHT JAZZ BOX, STEP BACK RIGHT ON &, WALK BACK LEFT, RIGHT**

- 1, 2, 3, 4 - rock left to the side (you can look left for styling), as you recover on right make ¼ turn right (3.00), making ½ turn left (9.00) transferring weight onto left, brush right round into a hitch  
5, 6, &7, 8 – cross right over left, step back left, step back right on &, walk back left, right

**FULL ROLLING VINE LEFT WITH TOUCH, RIGHT STEP FORWARD, LOCK LEFT, SHUFFLE FORWARD RIGHT**

- 1 – 4 - step left ¼ left, making ½ turn left step right to side, making ¼ turn left step left to side, touch right beside left  
5, 6, 7&8 – step forward right, lock left behind, step forward right, lock left on &, step forward right

**ROCK FORWARD LEFT, RECOVER, TRIPLE 1/2 TURN LEFT (3.00), ROCK FORWARD RIGHT, RECOVER, STEP BACK RIGHT AND BUMPS BACK FORWARD BACK (WEIGHT ON RIGHT)**

- 1, 2, 3&4 – rock forward left, recover back on right, triple step (left, right on &, left) making ½ turn left (3.00).  
5, 6 7&8 – rock forward right, recover back on left, step back on right as you bump onto it, bump forward on left on &, bump back on right.

**STEP BACK LEFT, TOUCH RIGHT ACROSS, RIGHT SHUFFLE FORWARD, STEP FORWARD LEFT, PIVOT 1/4 RIGHT (6.00), LEFT OVER RIGHT CROSS SHUFFLE**

- 1, 2, 3&4 – step back on left, touch right toe across front of left, shuffle forward right (step forward right, close left on &, step forward right)  
5, 6, 7&8 – step forward left, pivot ¼ turn right (6.00), cross shuffle left over right (cross left over right, bring right up behind on &, cross left over right).

**MAKE 3/4 HINGE TURN LEFT, RIGHT SHUFFLE, LEFT ROCK FORWARD, RECOVER, LEFT COASTER**

- 1, 2, 3&4 - make ¼ turn left as you step back right, make ½ turn left and step forward left, \*\*\* right shuffle forward (step forward right, close left beside on &, step forward right)  
5,6,7&8 - rock forward left, recover back on right, step back left, close right beside on &, step firearm left

**END OF DANCE ... START AGAIN**

**TAG ... \*\*\* END OF WALL 2 \*\*\* rock forward right, recover, triple 1/2 turn right, rock forward left, recover, triple 1/2 turn left**

**\*\*\* STEP CHANGE DURJNG WALL 5 \*\*\* .... AFTER 3/4 HINGE TURN (facing 9.00) .... WALK RIGHT, LEFT, THEN START THE DANCE FROM THE BEGINNING**

**ENDING - DURING WALL 7 .... AFTER RIGHT STEP, LOCK, SHUFFLE IN SECTION 3 (facing 3.00) ....**

ROCK FORWARD LEFT, RECOVER, TURN 1/4 LEFT (12.00) AND STEP LEFT TO SIDE

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