

Handle Me Gently

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Susan Reynolds (USA) - February 2025
音樂: Crystallized - Kim Sozzi



No Tags or Restarts

Intro: 32 counts.

ROCKING CHAIR, SIDE ROCK, RIGHT SAILOR

1-4 Rock R forward, Recover on L, Rock R backward, Recover on L
5-6 Rock R to R side, Recover on L
7&8 Cross R behind L, Step L to side, Step R out to side

LEFT SAILOR ROCKING CHAIR, SIDE ROCK

1&2 Cross L behind R, Step R to side, Step L out to side
3-6 Rock R forward, Recover on L, Rock R backward, Recover on L
7-8 Rock R to R side, Recover on L

ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, ¼ TURN RIGHT, COASTER

1-2 Rock R forward, Recover on L
3&4 Shuffle RLR as turn ½ R
5-6 Step L forward as ¼ turn R (weight returns to R)
7&8 Step L back, Step R back beside L, Step L forward

POINT STEP, POINT STEP, RIGHT SAILOR, POINT STEP

1-2 Point R toe to R Step on R in place
3-4 Point L toe to side, Step on L in place
5&6 Cross R behind L, Step L to side, Step R out to side
7&8 Point L toe to side, Step on L in place

Contact: shreynolds203@gmail.com

See more "Mostly Beginner" Videos at:

SusanReynolds@susanreynoldslinedances