

Better Better Better

拍數: 88 牆數: 4 級數: Low Intermediate
編舞者: Carol Cotherman (USA) - February 2025
音樂: Better - Dylan Zangwill



#32-count intro once rhythm starts

Restart on Wall 3 after 40 Counts with step change

Step, Lock, Step, Step, Lock, Step, Step, ½ Pivot Turn

1-2-3-4 Step right forward to right diagonal, lock left behind right, step right forward, step left forward to left diagonal

5-6-7-8 Lock right behind left, step left forward, step right forward, ½ pivot turn left taking weight on left (6:00)

¼ Turn into Lindy Right, Lindy Left

1&2-3-4 ¼ Turn left stepping right to side, step left by right, step right to side, rock left behind right, recover to right (3:00)

5&6-7-8 Step left to side, step right by left, step left to side, rock right behind left, recover on left

Side, Behind, ¼ Turn, Step, ½ Pivot Turn, ¼ Turn, Behind, ¼ Turn

1-2-3-4 Step right to side, step left behind right, ¼ turn right stepping right forward, step left forward

5-6-7-8 ½ Pivot turn right taking weight to right, ¼ turn right stepping left to side, step right behind left, ¼ turn left stepping left forward (12:00)

Step, ¼ Turn, Cross Rock, Recover, Side Rock, Recover, Behind, Side, Cross

1-2-3-4 Step right forward, ¼ pivot turn left taking weight to left, rock right over left, recover to left

5-6-7&8 Rock right to side, recover to left, step right behind left, step left to side, step right over left (9:00)

½ Hinge Turn, Toe Strut/Tap, ½ Hinge Turn, Toe Strut/Tap

1-2-3-4 ¼ Turn right stepping left back, ¼ turn right stepping right to side, tap left toe in front of right, tap left toe again and take weight to left

5-6-7-8 ¼ Turn left stepping right back, ¼ turn left stepping left to side, tap right toe in front of left, tap right toe again and take weight to right

¼ Turn into Rocking Chair, Step, ½ Pivot Turn, Toe Strut

1-2-3-4 ¼ Turn left rocking left forward, recover to right, rock left back, recover to right (6:00)

5-6-7-8 Step left forward, ½ pivot turn right taking weight to right, touch left toe forward, drop heel to take weight on left (12:00)

Rocking Chair, ¼ Pivot Turn, Cross, Point

1-2-3-4 Rock right forward, recover to left, rock right back, recover to left

5-6-7-8 Step right forward, ¼ pivot turn left taking weight to left, step right over left, point left to side (9:00)

Back, Point, Forward, Point, Jazz Box Touch

1-2-3-4 Step left back, point right to side, step right forward, point left to side

5-6-7-8 Step left over right, step right back, step left to side, touch right beside left (9:00)

Side Switches X2, Heel Ball Change, Heel Ball Change

1&2&3&4& Point right to side, step right in place, point left to side, step left in place, point right to side, step right in place, point left to side, step left in place

5&6-7&8 Touch right heel forward, step right ball in place, step left slightly forward, touch right heel forward, step right ball in place, step left slightly forward (9:00)

Walk, Walk, Walk, Kick, Back, Back, Coaster Step

1-2-3-4 Walk forward right, left, right, kick left forward

5-6-7&8 Step left back, step right back, step left back, step right beside left, step left forward (9:00)

Walk, Walk, Walk, Kick, Back, Back, Coaster Step

1-2-3-4 Walk forward right, left, right, kick left forward

5-6-7&8 Step left back, step right back, step left back, step right beside left, step left forward (9:00)

Repeat

Restarts:

Wall 3: Restart after 40 counts facing 3:00 with a step change. Do not put your weight down on your right after the toe taps.

Ending: Music will slow as you begin Section 6, rocking chair, facing 6:00. Slow your steps and continue through Count 52, rocking chair facing 12:00. Add a Step, ½ left, Step ½ left and you'll finish facing 12:00!

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