Bad Intentions



拍數: 32 編數: 2 級數: Intermediate

編舞者: Joshua Talbot (AUS) - February 2025

音樂: Red Dress - Sophia Scott

Intro: 12 counts from start of track

Restarts: 2 restarts

Section 1: L FWD. R ANCHOR, L BACK LOCK, ROCK BACK/POP, 1 1/4 L TRIPLE FWD

1, 2&3 Step L fwd, Lock R behind L, step L on the spot, step R back

4&5 Step L back, cross step R over L, step L back

6, 7 Sweep R back stepping onto R & pop L knee fwd, take weight L 8&1 ½ L step R together, ½ L step L together, ¼ L step R to R

(Tip: On count 7, you should be prepping to turn L for the triple turn)

Section 2: L SAILOR, TOGETHER, CROSS, 1/4 FWD, 1/4 SIDE, SAILOR, TOGETHER

2&3&4 Step L behind R, step R to R, step L to L, step R together, cross L over R

7&8 Step R behind L, step L to L, step R to R (Restart here on wall 2 & 5)

& Step L together

Section 3: R ROCK FWD, RECOVER, R BACK PONY, L BACK PONY, R BACK, RECOVER

Step R behind L, step L in infront of R, step R in place
Step L behind R, step R in infront of L, step L in place

7, 8 Slightly jump back onto R leaning back as you extend L foot fwd, recover weight L as you

step L fwd

Section 4: R ROCK FWD, RECOVER, ½ FWD, ¼ SWEEP, CROSS, SIDE, TOGETHER, CROSS, ¼, ½

1, 2, 3, 4 Rock R fwd, recover weight L, ½ R step R fwd, ¼ R keep weight on R sweeping L around

5&6 Cross step L over R, step R to R, step L together

7&8 Cross step R over L, ¼ R L together, ½ R step R slightly fwd

[32]

Restarts: On wall 2 & 5, dance to count 16, turning the Sailor a 1/4 R

Note: The 2 restarts turn the dance to the opposite wall, thus making it a 2 wall dance

Finish: Dance to count 13 (¼ R step R fwd) then Step L fwd, R anchor (it's the first 3 steps of the dance) and then step back on L crossing hands infront of you and then raising them

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