

About Time

COPPER **KNOB**
BY STEPHEN

拍數: 24 牆數: 2 級數: Intermediate
編舞者: DJ Line Dance (USA) - February 2025
音樂: About Damn Time - Lizzo
或: Taste - Sabrina Carpenter



Part 1

1234 Fist point index ngers on both hands slowly lifting arms to the sky with feet planted swaying left and right steps
5 Left 90 degree left hand on belt buckle right hand lasso
6 Left 90 degree left hand on belt buckle right hand lasso
7& L heel R hand wipe forward, L back toe
8 R forward R hand wipe back

Part 2

1 L forward
2 R forward
3 L forward
4 Right 90 degrees pivot on L
5 Leaning R hip shake
6 Leaning R hip shake
7 Leaning L hip shake
8 Leaning L hip shake

Part 3

1& R heel, R home
2& L heel, L home
3 R heel
4 Left 90 degrees pivot on R
5 L stomp
6 R stomp
7 8 Both hands clap lower half circle from left to right

Part 4 (Optional for four (4) part verses or choruses)

1 Upper left hand pump R hip shake
2 Upper left hand pump R hip shake
3 Upper right hand pump L hip shake
4 Upper right hand pump L hip shake
5 Left hand on left hip right arm forward with right fist index finger pointing forward R hip shake
6 Left hand on left hip right arm forward with right fist index finger pointing forward R hip shake
7 Right hand on right hip left arm forward with left fist index finger pointing forward L hip shake
8 Right hand on right hip left arm forward with left fist index finger pointing forward L hip shake