

# High Energy JIVE !!

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Val Saari (CAN) & Kim Eun Jung Cona (KOR) - February 2025  
音樂: High Energy Jive - The Jive Aces



Begin on the word "Pick" after 32 quick counts

## SUGARFOOT STOMP FWD RL, CHARLESTON

1&2      Turn RF toes in toward L instep and touch, turn RF heel in toward L instep, Stomp RF forward (2)  
3&4      Turn LF toes in toward R instep and touch, turn LF heel in toward R instep, Stomp LF forward (4)  
5-6      Step RF forward, Kick LF forward  
7-8      Step LF back, Tap RF back

## TOE-STRUT TURN 1/2 R, SKATE RL, BOOGIE WALK X 4 (RLRL)

1&2&      Step RF toes forward, drop right heel down, Step LF toes in place, drop left heel down  
3&4&      Step RF toes forward 1/2 Turn R, Drop heel, Touch LF toes forward, Drop heel  
5-6      Skate RF, Skate LF  
7&8&      Boogie walk R,L,R,L

## 3/4 TURN CIRCLE STEPS

1-2      Walk forward R, L  
3&4&      Run forward R,L,R, Flick LF back (up)  
5&6      Run forward L,R,L  
7-8      Walk forward R,L (facing 3:00)

## DIAGONAL KICKS FWD/SAILOR STEP X 2 (R,L)

1-2      Kick RF forward slightly diagonal L, Kick RF forward slightly diagonal R  
3&4      RF Sailor step  
5-6      Kick LF forward slightly diagonal R, Kick LF forward slightly diagonal L  
7&8      LF Sailor step

Ideas: For a 2-wall dance, do a full Circle instead of a 3/4 circle

No tags, no restarts

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