

Crystal Methodist

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Autumn Beauchamp (USA) - February 2025
音樂: Crystal Methodist - Kasey Tyndall



Intro 32 counts/Starts on Lyrics

Phrased: A, A, B, B (32), A, A, B, B, B (40), B, B, B

Restart on Walls 4 & 9

Part A (16 counts)

[1-8] R Grapevine Cross, Side Rock Recover Cross, L Grapevine Cross, Side Rock Recover Cross

1&2& Step R to the right side, Step L behind R, Step R to the right side, Cross L over R

3&4 Rock R to right side, Recover on L, Cross R over L

5&6& Step L to the left side, Step R behind L, Step L to the left side, Cross R over L

7&8 Rock L to left side, recover on R, Cross L over R

[9-16] Walk Walk, R Side Rock Recover Cross, Walk Walk, Chase ½ turn

1 2 Step R across L, Step L across R

3&4 Rock R to R side, Recover on L, Cross L over R

5 6 Step L across R, Step R across L

7&8 Step L forward, pivot ½ turn on ball of L, Step L forward (6:00)

Part B (48 counts)

[1-8] Toe Heel, Back Rock, Step Hitch making ½ Turn, Step Flick,

1 2 Touch R toe beside L bringing your R knee in, Touch R heel to side

3 4 Rock R behind L, Recover on L

5 6 Step R to right side, Hitch L with ½ turn left

7 8 Step L to left side, Flick R behind L

[9-16] Step Lock Step, Scuff, Step Lock Step, Scuff

1 2 Step R diagonal, Lock L behind R,

3 4 Step R diagonal, Scuff L forward

5 6 Step L diagonal, Lock R behind L

7 8 Step L diagonal, Scuff R forward

[17-24] Rock Recover, Touch Unwind ¾ turn, Point, Together, Slide

1 2 Rock R forward, Recover L

3 4 Touch R behind L, Unwind ¾ turn (3:00)

5 6 Point L to L side, Touch L next to R

7 8 Step L to L side, Slide R to L

[25-32] Rolling Grapevine, Kick Ball Cross, ¼ Turn Step

1 2 Turn ¼ to R and step R forward, Turn ½ to R and step L back

3 4 Turn ¼ to R and step R out to side, Touch L toe next to R

5 6 Low kick L into left diagonal, Step L next to R

7 8 Cross R over L, Turn ¼ to left and step L forward (12:00)

***Restart Wall 4**

[33-40] ¼ Turn Jazz Box, ¼ Turn Sailor, Scuff

1 2 Cross R over L, step L back while making an 1/8 turn right

3 4 Step R to right while making a 1/8th turn right, Step L forward (3:00)

5 6 Step R behind L, Step L ¼ turn over R shoulder to side

7 8 Step R forward, Scuff L forward (6:00)

***Restart Wall 9**

[41-48] Cross Rocking Chair, Jazz Box, Stamp

1 2 Cross rock L over R, Recover on R
3 4 Rock L to L back diagonal, Recover on R
5 6 Cross L over R, Step R back
7 8 Step L to L side, Stamp R next to L

RESTARTS:

On wall 4, dance the first 32 counts of Part B and then restart part A

On wall 9, dance the first 40 counts of Part B and then restart part B

Last Update: 26 Feb 2025
