

# Crystal Methodist

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Autumn Beauchamp (USA) - February 2025  
音樂: Crystal Methodist - Kasey Tyndall



Intro 32 counts/Starts on Lyrics

Phrased: A, A, B, B (32), A, A, B, B, B (40), B, B, B

Restart on Walls 4 & 9

**Part A (16 counts)**

**[1-8] R Grapevine Cross, Side Rock Recover Cross, L Grapevine Cross, Side Rock Recover Cross**

1&2&      Step R to the right side, Step L behind R, Step R to the right side, Cross L over R

3&4      Rock R to right side, Recover on L, Cross R over L

5&6&      Step L to the left side, Step R behind L, Step L to the left side, Cross R over L

7&8      Rock L to left side, recover on R, Cross L over R

**[9-16] Walk Walk, R Side Rock Recover Cross, Walk Walk, Chase ½ turn**

1 2      Step R across L, Step L across R

3&4      Rock R to R side, Recover on L, Cross L over R

5 6      Step L across R, Step R across L

7&8      Step L forward, pivot ½ turn on ball of L, Step L forward (6:00)

**Part B (48 counts)**

**[1-8] Toe Heel, Back Rock, Step Hitch making ½ Turn, Step Flick,**

1 2      Touch R toe beside L bringing your R knee in, Touch R heel to side

3 4      Rock R behind L, Recover on L

5 6      Step R to right side, Hitch L with ½ turn left

7 8      Step L to left side, Flick R behind L

**[9-16] Step Lock Step, Scuff, Step Lock Step, Scuff**

1 2      Step R diagonal, Lock L behind R,

3 4      Step R diagonal, Scuff L forward

5 6      Step L diagonal, Lock R behind L

7 8      Step L diagonal, Scuff R forward

**[17-24] Rock Recover, Touch Unwind ¾ turn, Point, Together, Slide**

1 2      Rock R forward, Recover L

3 4      Touch R behind L, Unwind ¾ turn (3:00)

5 6      Point L to L side, Touch L next to R

7 8      Step L to L side, Slide R to L

**[25-32] Rolling Grapevine, Kick Ball Cross, ¼ Turn Step**

1 2      Turn ¼ to R and step R forward, Turn ½ to R and step L back

3 4      Turn ¼ to R and step R out to side, Touch L toe next to R

5 6      Low kick L into left diagonal, Step L next to R

7 8      Cross R over L, Turn ¼ to left and step L forward (12:00)

**\*Restart Wall 4**

**[33-40] ¼ Turn Jazz Box, ¼ Turn Sailor, Scuff**

1 2      Cross R over L, step L back while making an 1/8 turn right

3 4      Step R to right while making a 1/8th turn right, Step L forward (3:00)

5 6      Step R behind L, Step L ¼ turn over R shoulder to side

7 8      Step R forward, Scuff L forward (6:00)

**\*Restart Wall 9**

**[41-48] Cross Rocking Chair, Jazz Box, Stamp**

1 2            Cross rock L over R, Recover on R  
3 4            Rock L to L back diagonal, Recover on R  
5 6            Cross L over R, Step R back  
7 8            Step L to L side, Stamp R next to L

**RESTARTS:**

**On wall 4, dance the first 32 counts of Part B and then restart part A**

**On wall 9, dance the first 40 counts of Part B and then restart part B**

**Last Update: 26 Feb 2025**

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