

Fools

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Dylan DeClue (USA) & Pol F. Ryan (ES) - February 2025
音樂: Fool - Thomas Rhett : (Album : About a Woman)



Step Sheet : M^a Jesús Osuna

Sequence : intro – 32 x 9 – tag – 32 – 32 – final

Intro : 16 beats

[1-8] LEFT DIAGONAL [ROCK BACK (R) – RECOVER with STOMP – KICK FWD (R) – STOMP FWD] – PIVOT ½ (5/8) TURN R – POINT STRUT FWD (L)

Left Diagonal :

1-2 Step right back, recover stomping on left foot (10.30)
3-4 Right kick forward, stomp right forward
5-6 Step left forward, ½ turn right (actually they are 5/8) (06.00)
7-8 Point left forward, drop left heel

[9-16] FULL TURN FWD – SCUFF (R) – STOMP FWD – ½ TURN L with HEEL BOUNCES- KICK FWD (L) – POINT BACK

1-2 ½ turn left stepping right back, ½ turn left stepping left forward
3-4 Scuff right forward, stomp right forward
&5 1/8 turn left raising both heels, 1/8 turn dropping both heels (03.00)
&6 1/8 turn left raising both heels, 1/8 turn dropping both heels (12.00)
7-8 Left kick forward, point left back

[17-24] SHUFFLE FWD (L) – ¼ TURN L and SIDE (R) – HOOK BEHIND (L) – ¼ TURN L and FWD – HITCH (R) – STEP BACK – SLIDE (L)

1&2 Step left forward, right next to left, step left forward
3-4 ¼ turn left stepping right to the right side, hook left behind right (09.00)
5-6 ¼ turn left stepping left forward, hitch right (06.00)
7-8 Step right back, slide left towards right

[25-32] COASTER STEP (L) – SHUFFLE FWD (R) - FULL TURN FWD – STEP FWD (L) – CROSS KICK FWD (R)

1&2 Step left back, step right beside left, step left forward
3&4 Step right forward, left next to right, step right forward
5-6 ½ turn right stepping left back, ½ turn right stepping right forward
7-8 Step left forward, cross right kick over left

START OVER

TAG: Performed wall 9 facing 06.00 we will add the next 34 counts :

[1-8] STEP FWD (R) – HOLD – STEP FWD (L) – HOLD – MODIFIED V STEP ½ TURN R

1-2 Step right forward, hold
3-4 Step left forward, hold
5-6 Step right forward and right, step left forward and left
7-8 1/2 turn right stepping right forward, step left forward (12.00)

[9-16] STEP FWD (R) – HOLD – STEP FWD (L) – HOLD – MODIFIED V STEP ½ TURN R

1-2 Step right forward, hold
3-4 Step left forward, hold
5-6 Step right forward and right, step left forward and left

7-8 1/2 turn right stepping right forward, step left forward (06.00)

[17-24] JAZZ BOX ½ TURN R with TOE STRUTS

1-2 Cross right toe over left, drop right heel

3-4 ¼ turn right stepping left toe back, drop left heel (09.00)

5-6 ¼ turn right stepping right toe to the right, drop right heel (12.00)

7-8 Step left toe forward, drop left heel

[25-32] PRISSY WALK (R) – HOLD – PRISSY WALK (L) – HOLD – CROSS (R) – CROSS TOE BACK – CORKSCREW

1-2 Cross right over left (knees very crossed), hold

3-4 Cross left over right (knees very crossed), hold

&5 Cross right over left, cross left toe behind right

6-8 Turn 360° to the left finishing left foot over right

[33-34] HOLDS

1-2 Hold, hold

FINAL

Performed wall 11 facing 12.00 we will add STOMP FWD (R) to finish the dance
