

# La Boulette

拍數: 32      牆數: 2      級數: Beginner +  
編舞者: Laura Turcaud (FR) - February 2025  
音樂: La boulette (Génération Nan Nan) - Diam's



## NO TAG, NO RESTART

Intro : 4x8 (the singer repeats the same text twice during the 32c intro)

The dance begins with the word « Haine », in the sentence « Y a comme un goût de HAINE, quand je... »

L = left – R = right – LF = left foot – RF = right foot

### (1-8) (Rock Step Fwd – Step) R-L, Rock Step Fwd R, Side Rock Step R, Step Back R, Together L

1&2      « Rock Step Fwd » syncopated : RF forward – recover on LF, step RF  
3&4      « Rock Step Fwd » syncopated : LR forward – recover on RF, step LF  
5&      « Rock Step Fwd » syncopated : RF forward – recover on LF  
6&      « Side Rock Step » syncopated : RF to R – recover on LF  
7-8      RF back, LF next to RF

### (9-16) Jump, Cross Point Back L, Jump, Cross Point Back R, Step Fwd R, Kick L, Step Back L, Flick R

1-2      Jump (slightly to the R), touch point LF crossed behind RF  
3-4      Jump (slightly to the L), touch point RF crossed behind LF  
5-6      RF forward, « Kick » LF forward  
7-8      LF back, « Flick » lift RF back

### (17-24) Step turn ½ R, Hitch R, Step R, Side Point L, Hitch L, Step L, Side Point R, Heel Switches R-L

1-2      « Step turn ½ » : RF forward – ½ turn L (on LF) 6H  
3&4      « Hitch » raise R knee, step RF, point LF to L  
(Nice effect : grow up at the « Hitch » and bend down at the « point »)  
5&6      « Hitch » raise L knee, step LF, point RF to R  
(Nice effect : grow up at the « Hitch » and bend down at the « point »)  
7&8&      Heel R forward, RF back, heel L forward, LF next to RF

### (25-32) Bump R x2, Bump L x2, Walk Back x3, Together L

1&2      « Bump x2 » : RF to R with 2 hip thrusts to R (Gesture : with arms crossed)  
3&4      « Bump x2 » : 2 hip thrusts to L (Gesture : with arms crossed)  
5-8      Back RF-LF-RF (wave your hand « NO » during the chorus), LF next to RF

Final : At the 10th wall (6h), after 14c (until the « Kick » LF) :

1-2-3      point LF back, ½ L (on LF), RF forward

« All United » PASSION – PLEASURE – SHARING <3