

I Dare You

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Dan Bonasoro (USA) - February 2025
音樂: I Dare You - Rascal Flatts & Jonas Brothers



Dance begins 32 counts (15 seconds) in: (on lyrics: "I almost lost my mind...")

[1-8] Step, Lock, Diag. Shuffle (RLR), Step, Lock, Diag. Shuffle (LRL)

1,2 Step RF forward to R diagonal (1), Lock LF behind RF (2)
3&4 Step RF forward to R diagonal (3), Step LF next to RF (&), Step RF forward to R diagonal (4)
5,6 Step LF forward to L diagonal (5), Lock RF behind LF (6)
7&8 Step LF forward to L diagonal (7), Step RF next to LF (&), Step LF forward to L diagonal (8)

[9-16] Lindy Right, Lindy Left w/ ¼ Turn R

1&2 Step RF to R side (1), Step LF next to RF (&), Step RF to R side (2)
3,4 Rock LF behind RF (3), Recover weight forward onto RF (4)
5&6 Step LF to L side (5), Step RF next to LF (&), Step LF to L side (6)
7,8 Rock RF behind LF making a ¼ Turn R (7), Recover weight on LF (8) (3:00)

[17-24] Diagonal Skates Forward (x4), Forward Rock/ Recover, ½ Turn Shuffle Right

1,2 Skate RF forward to R diagonal (1), Skate LF forward to L diagonal (2)
3,4 Skate RF forward to R diagonal (3), Skate LF forward to L diagonal (4)
5,6 Rock RF forward (5), Recover weight back onto LF (6)
7&8 Turn ¼ R stepping RF to R side (7), Step LF next to RF (&), Turn 1/4 R stepping RF forward (8) (9:00)

[25-32] Point, Cross, Point, Step, Jazz Box LF w/ Touch

1,2 Point LF to L side (1), Cross LF over RF (2)
3,4 Point RF to R side (3), Step RF forward (4)
5,6 Cross LF over RF (5), Step RF back (6)
7,8 Step LF to L side (7), Touch RF next to LF (8)

No Tags or Restarts

Dance goes in Counter-Clockwise direction. Enjoy!!

Email: bonasorodj@gmail.com