

Remind Me

拍數: 32 牆數: 1 級數: Beginner
編舞者: Petrice Walker (USA) - February 2025
音樂: Remind Me - Patrice Rushen



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

SHUFFLE UP RIGHT, LEFT THEN BACK RIGHT, LEFT

1&2 3&4 5&6 Shuffle up right, left then back right, left
7&8

RIGHT, LEFT ROCKS, SLIDE, LEFT, RIGHT ROCKS, SLIDE

1 2 3 4 Rock right, left, slide left to right
5 6 7 8 Rock left, right, slide right to left

CROSS ROCKS, CHA CHAS

1 2 3&4 Cross right over left, recover on left, right side, left together, right side
5 6 7&8 Cross left over right, recover on right, left side, right together, left side

RIGHT ROCKING CHAIR), KICK, KICK, RIGHT STEP QUARTER RIGHT TURN

1 2 3 4 Rock up on right, recover on left, rock back on right, recover on left
5&6& 7 8 Kick/tap right, kick/tap left, point right foot right, step on right making quarter right turn

Style Note: When you complete the right turn, let left foot point straight down

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