

Medusa

拍數: 32 牆數: 4 級數: Improver
編舞者: David LECAILLON (FR), Christiane BREMOND (FR), Annie FELIX (FR) &
Emmanuel JAUPART (BEL) - November 2024
音樂: Medusa - Cameron Whitcomb



SECTION 1 TRIPLE R SIDE, HINGE 1/2 L, TOUCH, TRIPLE R SIDE, HINGE 1/2 L, TOUCH

1&2 Step R to R, step L beside R, step R to R
3, 4 Turn 1/2 L (6:00) stepping L side L, touch R beside L
5&6 Step R to R, step L beside R, step R to R
7, 8 Turn 1/2 L (12:00) stepping L side L, touch R beside L

SECTION 2 TRIPLE R, HINGE 1/4 R, TRIPLE L, HINGE 1/4 R, TRIPLE R, TRIPLE FWD

1&2 Step R to R, step L beside R, step R to R
3&4 Turn 1/4 R (3:00) stepping L to L, step R beside L, step L to L
5&6 Turn 1/4 L (6:00) stepping R to R, step L beside R, step R to R
7&8 Step L fwd, step R beside L, step L fwd

RESTARTS HERE: Walls 2 (3:00), 4 (6:00), 9 (9:00); TAG Wall 8 (3:00)

SECTION 3 1/2 PIVOT L, TRIPLE 1/2 L, BACK ROCK, TRIPLE FWD

1, 2 Step R fwd, turn 1/2 L (12:00) taking weight L
3&4 Turn 1/4 L (9:00) taking weight R, turn 1/4 L (6:00) taking weight L beside R, step back on R
5, 6 Rock L back, recover weight to R
7&8 Step L fwd, step R beside L, step L fwd

SECTION 4 1/4 TURN R, CROSS & HEEL &, CROSS & HEEL &, CROSS ROCK, SIDE, TOGETHER

1& Turn 1/4 R (9:00) crossing R over L, step L to L side
2& Touch R heel fwd, step R beside L taking weight
3& Cross L over R, step R to R side
4& Touch L heel fwd, step L beside R taking weight
5, 6, 7, 8 Rock R over L, recover weight to L, step R to R side, step L beside R taking weight

TAG JAZZ BOX

1, 2, 3, 4 Cross R over L, step L back, step R to R shoulder width apart, cross L over R

REPEAT

Written based on watching the video by the choreographer