

# Sixes and Sevens

拍數: 64      牆數: 4      級數: Improver  
編舞者: Bill Handley (AUS) - February 2025  
音樂: I Don't Know How To Say Goodbye - Dwight Yoakam, Post Malone & Buck Owens



## #8c Intro. Start RF.

**[S:1] Side, behind, ball change- R-L, behind, ¼ turn L and step forward, shuffle forward, forward. (9:00).**  
1,2,&3,4,      Step R to R side, step L behind R, step R to R side(&), step L to L side, step R behind L,  
5,6&7,8.      Make a ¼ turn L and step forward on L, shuffle forward-R-L-R, step forward on L (9:00).

**[S:2] ½ turn R and step forward, shuffle forward-L-R-L, rocking chair, back, (3:00).**  
1,2&3,4,      Make a ½ turn R and step forward on R, shuffle forward L-R-L, rock forward on R,  
5,6,7,8.      Step L in place, rock back on R, step L in place, step back on R.

**[S:3] Back stomp, hold, ball change-R-L, recover, forward, shuffle forward, forward.**  
1,2&3,4,      Stomp back on L, hold, step R next to L(&), rock back on L, step R in place,  
5,6&7,8.      Step forward on L, shuffle forward-R-L-R, step forward on L.

**[S:4] Rocking Chair, forward, forward, ½ turn R, forward, forward, (9:00).**  
1,2,3,4,      Rock forward on R, step L in place, rock back on R, step L in place,  
5,6,7,8.      Step forward on R, step forward on L, make a ½ turn R and step forward on R, step forward  
on L, (9:00).

**[S:5] Forward, lock, side, forward, lock, heel dig, heel dig, ball- heel dig, heel dig.**  
1,2&3,4,      Step forward on R, lock L behind R, step R to side(&), step forward on L, lock R behind L,  
5,6&7,8.      heel dig forward with L, heel dig forward with L, step ball of L in place(&), heel dig forward  
with R, heel dig forward with R.

**[S:6] Ball change-R-L, recover, shuffle back, full walk around-R-L-R-L, (9:00).**  
&1,2,3&4,      Step ball of RF next to L(&), rock forward on L, step R in place, shuffle back-L-R-L,  
5,6,7,8,      Make a full circle over R shoulder walking or small runs-R-L-R-L, (9:00).

**[S:7] Shuffle back diagonally R, shuffle back diagonally L, shuffle back diagonally R, rock side, recover.**  
1&2,3&4,      Shuffle diagonally back-R-L-R, shuffle diagonally back-L-R-L,  
5&6,7,8      Shuffle diagonally back-R-L-R, rock L to L side, step R in place.

**[S:8] Cross, side, touch heel diagonally forward, hold, ball cross-L-R, side, touch heel diagonally forward, ball cross-R-L.**  
1,2,3,4,      Step L across R, step R to R side, touch L heel diagonally forward, hold,  
&5,6,7&8.      Step ball of LF next to R(&), step R across L, step L to L side, touch R heel diagonally  
forward, step R next to L(&), step L across R.

Repeat