

# J & A Love Flows

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 0      級數: Phrased Intermediate  
編舞者: Janelle Brown (USA) & Andre Brown (USA) - February 2025  
音樂: Let Your Love Flow - Bellamy Brothers



Sequence: A B A B B Tag

## Part A-32 counts

### TOE, HEEL, STOMP, SHUFFLE FORWARD RIGHT, TOE, HEEL, STOMP, SHUFFLE FORWARD LEFT

- 1&2      Tap R toe inward pointed toward L (1) Tap R heel inward pointed toward L (&), stomp R foot (2)  
3&4      Step R forward (3), Step L next to R (&), Step R forward (4)  
5&6      Tap L toe inward pointed toward R (5) Tap L heel inward pointed toward R (&), stomp L foot (6)  
7&8      Step L forward (7), Step R next to L (&), Step L forward (8)

### DIAGONAL STEP TOUCH 2X FORWARD & BACK

- 1 2      Step R forward on R diagonal (1), touch L foot next to R foot (2)  
3 4      Step L forward on L diagonal (3), touch R foot next to L foot (4)  
5 6      Step R backward on R diagonal (5), touch L foot next to R foot (6)  
7 8      Step L backward on L diagonal (7), touch R foot next to L foot (8)

### WEAVE, SIDE ROCK RECOVER, ¼ TURN, WALK 2 TWICE

- 1 2      Step R to right side (1), Cross L behind R (2)  
3 4      Step R to right side (3) Cross L over R (4)  
5 6      Step R to right side & rock to right (5) Recover weight on L, while turning ¼ turn left (6)  
7 8      Step forward right (7), step forward left (8) REPEAT

### REPEAT PART A ON THE BACK WALL

## Part B-32 counts

### KICK BALL POINT RIGHT, KICK BALL POINT LEFT, SHUFFLE RIGHT ROCK BACK RECOVER

- 1&2      Kick R forward (1), Step R next to L (&), Point L out to left side (2)  
3&4      Kick L forward (3), Step L next to R (&), Point R out to right side (4)  
5&6      Step R to right (5), Step L next to R (&), Step R to right (6)  
7 8      Rock L straight back (7), recover weight on R (8)

### KICK BALL POINT LEFT, KICK BALL POINT RIGHT, SHUFFLE LEFT ROCK BACK RECOVER

- 1&2      Kick L forward (1), Step L next to R (&), Point R out to right side (2)  
3&4      Kick R forward (3), Step R next to L (&), Point L out to left side (4)  
5&6      Step L to left (5), Step R next to L (&), Step L to left (6)  
7 8      Rock R straight back (7), recover weight on L (8)

### CROSS POINT, CROSS POINT, SHIMMY BACK, ROLL

- 1 2      R Cross over left point L,  
3 4      L cross over right point R  
5 6 7 8      Shake body walking back 4, R L R L

### HIP ROLLS ½ TURN FOR 8

- 1 2      Step L forward (1), Turn ½ while stepping R (2)  
3&4      Step L forward (3), Step R next to L (&), Step L forward (4)  
5 6      Step R to R (5), Step L to R (6)  
7 8      Step L to L (7), Step R to L (8)

REPEAT PART B ON THE BACK WALL

TAG: 4 KICK BALL POINTS R, L, R, L

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