

Mopin' Around

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Shelli Blake (USA) - February 2025
音樂: Mopin' Around - Trevor McSpadden



NO TAGS/NO RESTARTS

Intro: 32 counts, Weight starts on L

SHUFFLE R, ROCK, RECOVER

1&2 Step R foot to R side, step L foot next to R foot, step R foot to R side
3-4 Rock back L foot, recover on R foot

SHUFFLE L, ROCK, RECOVER

5&6 Step L foot to L side, step R foot next to L foot, step L foot to L side
7-8 Rock back R foot, recover on L foot

STEP R, POINT L, STEP L, POINT R

1-2 Step forward R foot, point L foot to L side
3-4 Step forward L foot, point R foot to R side

ROCK R, RECOVER, 1/2 TURN R, STEP L

5-6 Rock forward R foot, recover on L foot
7-8 Step R foot into 1/2 turn R over R shoulder, step L foot next to R foot

SWIVEL HEELS (L, R, L), HOLD & CLAP

1-3 Swivel heels to L, swivel heels to R, swivel heels to L
4 Hold and clap both hands together

SWIVEL HEELS R, HOLD & CLAP, SWIVEL HEELS CENTER, HOLD & CLAP

5-6 Swivel heels to R, hold and clap both hands together
7-8 Swivel heels to center, hold and clap both hands together

ROCK FORWARD R, RECOVER, ROCK BACK R, RECOVER

1-2 Rock forward R foot, recover on L foot
3-4 Rock back R foot, recover on L foot

STEP R, PIVOT 1/4 TURN, STEP R, PIVOT 1/2 TURN

5-6 Step forward R foot, pivot 1/4 turn L (weight stays L)
7-8 Step forward R foot, pivot 1/2 turn L (weight stays L)

START DANCE AGAIN

****NOTE: THERE IS AN ENDING TO BRING YOU BACK TO 12:00 WALL****

On wall 12 do the first 12 counts of the dance, the step back R foot, step L foot into 1/4 turn L, touch R foot next to L foot, and smile

Last Update - 12 Feb. 2025 - R1