

Sports Car

拍數: 32 牆數: 4 級數: Improver
編舞者: Lindsey Wilson (USA) - February 2025
音樂: Sports car - Tate McRae



Intro : 16 counts, no tags, no restarts

Section 1 : JUMP ROCK STEP L, COASTER STEP, STEP RIGHT PIVOT TURN L, CROSS & CROSS R

1-2 Rock forward L, recover R (Jump into rock step)
3&4 Step L back, step R next to L, step L forward
5-6 Step RF to forward, ¼ pivot turn L (9 o'clock wall)
7&8 Cross RF over LF, small step left on LF, Cross RF over LF

Section 2 : ROCK LF, CROSS & CROSS L, RF HEEL DIG KICK, COASTER STEP TURNING 1/8 to 3pm CORNER

1-2 Rock out on LF, recover on RF
3&4 Cross LF over RF, small step right on RF, Cross LF over RF
5-6 Heel dig RF turning ¼ R (12 o'clock wall) into a RF kick
7&8 Coaster Step (Step RF back, step LF next to R, Step R forward)

Section 3 : STEP LF TURN ¼ ROLLING HIPS L→R WITH L KNEE SLAP. SHUFFLE L. ROLL HIPS R→L, R KNEE SLAP SHUFFLE R

1-2 Step LF forward turning turn ¼ R toward corner roll hips L and then R, as you roll hips R put weight on RF slap L knee
3&4 Shuffle L, RF together, L toward corner
5-6 Step RF out and forward R toward other corner, Roll hips R and then L, as you roll hips L put weight on LF and slap R knee
7&8 Shuffle R, LF together, RF forward toward corner

Section 4 : JUMP ROCK STEP L, COASTER STEP, STEP RIGHT ½ PIVOT TURN, SHUFFLE R

1-2 Rock forward L, recover R (Jump into rock step)
3&4 Step L back, step R next to L, step L forward
5-6 Step RF to forward, ½ pivot turn L weight on LF
7&8 Shuffle RF forward, together LF, forward RF

Repeat

Bonus flair: add a little pony step into your cross and cross!

Last Update: 18 Feb 2025