

# Friend or Foe

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lisa Wetzler (USA) - February 2025  
音樂: Liar - Jelly Roll



\*1 restart, no tags

#40 count intro. ~ 20 seconds into song.

**(1-8) ¼ R pivot, R cross shuffle, L step to left side, Single Heel bounce, R back rock, recover.**

1,2            Step forward on R, turn ¼ left (9:00).  
3&4           Cross R over L, step L to left side, cross R over L.  
5              Step L to left side.  
&6            Raise both heels, recover. End weighted on L.  
7,8            Rock back on R, recover forward L.

**(9-16) R Step, lock, R lock shuffle, ½ L pivot, L forward shuffle.**

1,2            Step forward on R, lock L behind R.  
3&4            Step forward R, step L behind R, step forward R  
5,6            Step forward L, turn ½ right (3:00). End weighted on R.  
7&8            Step forward L, step together R, step forward L. (or replace shuffle with triple right full turn  
LRL)

(\* restart here after wall 9)

**(17-24) R side rock, recover, weave, L slide, touch, kick-ball cross.**

1,2            Rock R to right side, recover L.  
3&4            Cross R behind L, L to left side, cross R over L.  
5,6            Slide L to left side, touch R next to L. (angle body toward R diagonal)  
7&8            Kick R, step R next to L, cross L over R.

**(25-32) ¼ R Monterey, L point, together, ¼ R modified Monterey, R back rock, recover.**

1,2            Point R to right side, turn ¼ right stepping on R (6:00).  
3, 4            Point L to left side. Step L next to R.  
5,6            Point R to right side while bending L knee (on chorus, lift R arm when lyrics say "higher"),  
turn ¼ right while softly hitching R knee (9:00). (\*for intermediate: full R single leg turn  
clockwise, walk forward RL: see demo)  
7,8            Rock back on R, recover forward on L.

**ENDING: ¼ R pivot, ½ turn slide R to right side to face 12: 00 again.**

**Thank you to my wonderful supportive husband, Dusty, for the song recommendation and inspiration!!**