

Hello Summer

拍數: 32 牆數: 2 級數: Beginner +
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音樂: Hello Summer - Rameez



*1 TAG (4 counts)

RIGHT AND LEFT MAMBO STEPS – WALK FORWARD – SYNCOPATED ROCK STEP1 & 2 RF on right – recovery weight on LF- RF near LF

3 & 4 LF on left – recovery weight on RF – LF near RF
5-6 Walk forward RF – LF
7 & 8 RF forward (7) – regain support on Lf (&) - step backward on RF(8)

WALK BACKWARD- LEFT COASTER STEP-STEP FORWARD- HEEL SWITCHES

1-2 Walk LF – RF
3 & 4 Coaster step : LF back 3) – RF near LF(&) - LF forward(4)
5-6 RF forward – LF together
7 & 8 & Heel switches : Right heel forward (7) – touch RF near LF (&) - Left heel forward (8) – LF near RF (&)

RIGHT SHUFFLE – STEP TURN ½ RIGHT – LEFT SHUFFLE- STEP TURN ½ LEFT

1 & 2 step RF forward – LF behind RF – step RF forward
3-4 LF forward - ½ turn on R
5 & 6 Step LF forward – RF behind LF – step LF forward
7-8 RF forward - ½ turn on L

DIAGONALLY SHUFFLE RIGHT AND LEFT – STEP -TOGETHER – HEEL SWIVELS

1 & 2 step RF forward – LF behind RF – step RF forward (diagonally R)
3 & 4 Step LF forward – RF behind LF – step LF forward (diagonally L)
5-6 RF on right – LF together
7 & 8 Heel swivels : move heels together on L- on R- center-

TAG : End of second wall

OUT – OUT – IN - IN

1-2 RF on R – LF on L
3-4 RF on center – LF on center

Begin again and have fun !