New To Country

拍數: 32

級數: Improver / Intermediate

編舞者: Janaye Pohl (USA) - February 2025

音樂: New To Country - Bailey Zimmerman

* 1 Tag/Restart

Intro: 24 Counts

FRONT/BACK MAMBO (w/ OPTIONAL SLIDES), WEAVE, SIDE ROCK RECOVER CROSS

1&2 Forward Mambo on R (Step forward with R, recover L, step back with R)

- 3&4 Back Mambo on L (Step back with L, recover R, step forward with L)
- 5&6& Step right with R, Cross L behind R, Step right with R, Cross L in front of R

7&8 Step right with R, recover L, Cross R in front of L

optional styling for Counts 1-4: add slide back on L leading into count 3, slide toe forward on R leading into count 5

SWAY LEFT, SWAY RIGHT W/ ¼ TURN & KICK, COASTER STEP, STOMPS

- 1-2 Step L out & sway hips to left, pop R knee/heel up with R toe on ground
- 3-4 Sway hips right & pivot ¼ left, Kick forward with L
- 5&6 Coaster step L (Back L, R together with L, forward L)
- 7&8 Stomp forward R, Stomp forward L, Stomp together with R

HEEL HITCHES, SIDE SHUFFLE RIGHT, ½ TURN SWEEP, SAILOR STEP

- 1&2& Touch R heel forward, Hitch R (cross R over L leg), Touch R heel forward, R together with L
- 3&4& Touch L heel forward, Hitch L (cross L over R leg), Touch L heel forward, L together with R
- 5&6 Step right with R, Step together with L, Step R to the right while sweeping L toe and turning ¹/₂ over L
- 7&8 Step L behind R, Step out right with R, Step out L with L optional add clap on 8

MONTEREY TURN, SLIDE, HOP & ¼ TURN LEFT

- 1&2& Point R toe out right, Swivel on L and ¼ turn over R shoulder while bringing R to meet L, Point L toe out left, Bring L foot together with R
- 3&4& Point R toe out right, Swivel on L and ¼ turn over R shoulder while bringing R to meet L, Point L toe out left, Bring L foot together with R
- 5-6 Step out right with R and slide L in to meet R
- 7&8 Hop 3 times while turning ¼ over L shoulder optional alternative: 3 steps or stomps in place while turning. Optional styling: fist pump 3x while turning

TAG (Starts on count 1 of Wall 3): SWAY RIGHT & LEFT, 2X ½ PIVOT TURNS, RESTART

- 1-2 Step out right with R, Sway hips to the right
- 3-4 Shift weight to L and sway hips to left
- 5-6 Step forward with R, Pivot ½ turn over L shoulder
- 7-8 Step forward with Pivot ½ turn over L shoulder

~xoxo~ janaye.pohl@gmail.com





牆數

牆數:2