

Sweet Dreams

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Michelle Wright (USA) - February 2025
音樂: Sweet Dreams (feat. Holly Henry) - Trinix



Dance starts 16 counts in with weight on R foot
Restart wall 6 after 16 counts

Section 1: L Dorothy, Side, Sailor, Syncopated extended weave

1,2 & Step L forward into L diagonal, Step R behind L, Step L forward
3 Step R to R side
4&5 Cross L behind R, Step R to R side, Step L to L side
6&7 Cross R behind L, Step L to L side, Cross R over L
&8& Step L to L side, Cross R behind L, Step L to L side

Section 2: Cross rock, Recover, Side w/ drag, Sailor, Touch behind, ½ unwind

1,2 Rock R over L, Recover weight on L
3,4 Big step R, Drag L into R
5&6 Cross L behind R, Step R to R side. Step L to L side
7,8 Touch R toe behind L , unwind a ½ turn R weight on R (6:00)

Restart here on wall 6

Section 3: ¼ hip bump, ¼ hip bump ¼ hip bump, Forward hip bump

1&2 ¼ turn R touching L toe forward as you bump your hip L, Bump hip R, Bump hip L as you drop your heel weight on L (9:00)
3&4 1/4 turn R touching R toe to R side and bump hip forward, bump back, Bump hip forward and drop heel weight on R(12:00)
5&6 ¼ turn R touch L toe to L side and bump hip L,Bump hip R, Bump hip L and drop heel weight on L(3:00)
7&8 Touch R toe forward and bump hip forward, Bump hip back, Bump hip forward and drop heel weight on R

Section 4: L forward press together, R press recover, Back w/ body roll, Together, Back w/ body roll and touch

1,2& Press L forward, Recover on R, Step L next to R
3,4 Press R forward, Recover on L
5,6& Touch R toe back starting body roll, Finish body roll as you drop R heel, Step L next to R
7,8 Touch R toe back starting body roll, Finish body roll as you drop R heel and touch L next to R

Ending: Dance will end on 32 counts doing your body roll back facing 9:00. When you finish the final body roll angle body towards 12:00 by looking over R shoulder.

End of dance. Any questions email Michellelinedance@gmail.com