

Monie Monie

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Sandy Carty Hodges (USA) - February 2025
音樂: Mony Mony - Tommy James & The Shondells



NO Tags/NO Restarts

Intro: 16 cts. (This one's for MONIE)

SECTION ONE: ROCK,RECOVER, SHUFFLE HALF TURN RIGHT, ROCK,RECOVER, 1/4 TURN LEFT, LEFT COASTER STEP

- 1,2 3&4 Rock forward on right, recover on left, 1/2 turn right, shuffle RLR
5,6,7&8 Rock forward on left, recovering on right, 1/4 turn left, sweep left foot out behind right foot, step right foot back next to left foot, step forward on left foot.

SECTION TWO: CROSS STEP RIGHT OVER LEFT, X 2, TOUCH LEFT TOE OUT, CLAP HANDS TWICE, REPEAT ON RIGHT SIDE.

- 1,2,3 & 4 Step right over left, step on left, step right over left, touch left toe out while clapping hands twice.
5,6,7 & 8 Step left over right, step on right foot, step left over right, touch right toe out while clapping hands twice.

SECTION THREE: STEP-TOUCHES, 1/4 TURN RIGHT (WITH DOUBLE CLAPS)

- 1,2,& 3,4 Step to right to right diagonal, touch left toe next to right foot and clap hands twice, step back to left diagonal on left foot, touch right toe next to left foot and clap hands once.
5,6&7,8 1/4 turn right, step to right on right, touch left toe next to right foot and clap hands twice, step left to left, touch right toe next to left foot and clap hands once.

SECTION FOUR: TOE SWITCHES, HEEL SWITCHES

- 1&2&3&4 Touch right toe to right side and together, touch left toe to left side and together, touch right toe to right side and hold, (clap hands twice)
5&6&7&8 Touch right heel forward and together, touch left heel forward and together, touch right heel forward and hold, (clap hand twice)

END OF DANCE: start again, SMILE and clap those Hands!!

(sandyutah82@gmail.com)