

Sinaran

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Indah Parahita (INA) - February 2025
音樂: Sinaran - Sheila Majid



No tags - restart on wall 14 after 8 counts

SECTION 1. SIDE ROCK, BEHIND, SIDE ,CROSS (R,L)

12 Step Rf to R recover L
3&4 Cross Rf behind LF, step LF to L, cross RF over LF
56 Step Lf to L, Recover R
7&8 Cross LF behind RF, step RF to R, cross LF over RF

SECTION 2. ROCK FWD, SUFFLE TURN ¼ R,SUFFLE TURN ¼ R, ROCK BACK

12 Step Rf fwd, recover L
3&4 Make turn ¼ R Rf to R, close LF beside RF, make turn ¼ R ,RF fwd
5&6 make turn ¼ R , LF to L, Close Rf beside LF, step LF to L
78 Step RF back, recover (weight on L)

SECTION 3, SIDE ROCK, CROSS SUFFLE, CROSS OVER, SIDE, BEHIND, SIDE CROSS

12 Step Rf to R, recover L
3&4 Cross RF over LF step LF to L, cross RF over Lf
56 Cross Lf over RF, step RF to R
7&8 Cross LF behind RF step RF toR, cross LF over Rf

Section 4. Hip bumb (R,L), JAZZBOX

1&2 Hip Bumb R
3&4 Hip bumb L
56 Cross RF over LF , step LF back
78 Step RF to R, Step LF fwd
