# Friend Who Can



編舞者: Jean Cain (USA) - December 2024 音樂: Friend Who Can - Thomas Mac



Intro: 2-8

## LINDY RIGHT, LINDY LEFT

1&2 Step R to R Side, Step L next to R (&) Step R to R Side

3-4 Rock B on L, Recover weight on R

5&6 Step L to L Side, Step R next to L (&) Step L to L Side

7-8 Rock B on R, Recover weight on L

## CROSS POINT R,L, ROCK FORWARD RECOVER, TRIPLE BACK

1-2-3-4 Cross R Forward, Point L to L Side, Cross L Forward, Point R to R Side

5-6,7&8 Rock R Forward, Recover weight to L, Step B on R, Step B on L(&), Step B on R

## Rock Back Recover, Triple Forward, Pivot 1/4 Pivot 1/4 to L

1-2,3&4 Rock Back L, Recover weight to R, Step L Forward, Step R Forward (&), Step L Forward 5-6-7-8 Step R Forward, Turn 1/4 L Stepping on L, Step R Forward, Turn 1/4 L Stepping on L (6:00)

## V STEP, 2 SIDE STEPS WITH TOUCHES AND CLAPS

1-2-3-4 Step Wide Steps Forward, R and L, Step Back Bringing Feet Together, R and L Step R to R Side, Touch with L, Clap, Step L to L Side, Touch with R, Clap