

Good Foot (Chicago Version)

COPPER **KNOB**
BY STEPHEN

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Ray Boyd - 2008
音樂: Super Bad, Pt. 1 & 2 - James Brown & The J.B.'s



First rotation all at 12:00, second all at 3:00, etc. Each time you do a rotation (i.e. all the steps) then you move to the new wall. Depending on which version of the song you do, you may or may not hear any breaks to dance. The length of the version/the DJ's wishes determine how many walls you dance. Start dance 32 counts in: "I got..".

FANS, SLIDES

1&2&3 4 Fan right foot out in twice, step slide left on 3 bring right foot in on 4
5&6&7 8 Fan left foot out in twice, step slide right on 5, bring left foot in on 8

9 – 16 REPEAT STEPS 1-8 ABOVE

TOE POINTS

1&2&3&4& Point right foot to right (1), return to center (&), repeat with left (2); repeat 1 -2&
5&6&7&8& Point right foot to front (1), return to center (&), repeat with left (2); repeat 5 -6&

CHA CHA RIGHT DIAGANOL

1 2 3&4 Angling right step right, step left, step right left right
5 6 7 8 Little walks on diagonal right, left, right, left

KICK AND CROSS, STEP

1&2 3 Right foot kick ball, cross left over right, step right to side
4&5 6 Left foot kick ball, cross right over left, step left to side

7 -12 REPEAT STEPS 1-6 ABOVE

KICK BALL EXTENDED WEAVE TO RIGHT

1&2&3&4 Right kick, right ball, left back, right, left front, right, left back, right
5 – 8 REPEAT STEPS 1-4& ABOVE
9 – 12 REPEAT STEPS 1-4& ABOVE
13 – 16 REPEAT STEPS 1-4& ABOVE

DRAGS AND STOMP ENDING IN QUARTER TURN RIGHT

1 2 3 4& Big kick right foot up, cross right over left, slide to left, drag in right, stomp twice
5 6 Quarter turn right stepping on right foot to right and sliding left foot in to face 3:00
7 8 Step to left and slide right foot in

BREAK STEPS

After you have danced the 4th wall and begun the 5th wall doing the first 8 counts, then you will hear the music change, do an 8 count "break": march it out 1,2,3,4,5,6,7,8, and then resume the dance at the TOE POINTS. Any time you hear the break, march it out and resume with TOE POINTS.