Keep Moving

COPPER KNOB

拍數: 32

牆數:2

級數: Absolute Beginner

編舞者: Tone Armand-Jensen Bergum (NOR) - February 2025

音樂: Keep Moving Forward - Tunes Of The Future

#8 count intro *1 tag & Restart	
Sec 1: K-step with Fingersnaps	
1-2	On R Diag Step FW on RF (1), Touch LF Beside and Snap to R side (2)
3-4	On L Diag Step Back on LF (3), Touch RF Beside and Snap to L side (4)
5-6	On R Diag Step Back on RF (5), Touch LF Beside and Snap to R side (6)
7-8	On L Diag Step FW on LF (7), Touch RF Beside and Snap to R side (8)
Sec 2: Wine to the Right, Touch, Rolling Wine to the Left, Touch	
1-4	Step RF to side (1), Cross LF behind (2), Step RF to side (3), Touch LF beside (4)
5-8	¼ Turn L (5), ½ Turn L (6), ¼ Turn L (7), Touch R Beside L (8)
Sec 3: R Shuffle, Pivet ½ Turn R, L Shuffle, Pivet ½ Turn L	
1&2	Step FW on RF (1), Step LF Beside (&), Step FW on RF (2)
3-4	Step FW on LF (3), 1/2 Turn and Step FW on RF (4) (6:00)
5&6	Step FW on LF (5), Step RF Beside (&), Step FW on LF (6)
7-8	Step FW on RF (7), ½ Turn L and Step FW on LF (8) (12:00)
Sec 4: R Shuffle, ½ Turn L, Walk Back L-R, L Coaster Step, Sway R Sway L	
1&2	¹ ⁄ ₄ Turn L and Step RF to Side (1) (9:00), Step LF Beside (&), ¹ ⁄ ₄ Turn L and Step Back o RF (2) (6:00)
3-4	Walk Back on LF (3), Walk Back on RF (4)
5&6	Step Back on Lf (5), Step RF Beside (&), Step FW on LF (6)
7-8	Step RF to Side and Sway R (7), Recover Weight to LF and Sway L (8)
Tag and Restart: In wall 8, after 16 counts, the Music stops for 4 counts; Sway R-L-R-L and dance one more wall. Enjoy the dance!	

