

I Dare You

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Chrystel DURAND (FR) - February 2025
音樂: I Dare You - Rascal Flatts & Jonas Brothers



Intro : 3x8

[1-8] ROCK SIDE, ROCK BACK, TRIPLE FORWARD, STEP ½ TURN

1-2 Rock right to right side, recover on left
3-4 Rock right back, recover on left
5&6 Step right forward, step left next to right, step right forward
7-8 Step left forward, ½ turn right (weight on right foot) 6.00

[9-16] TRIPLE ½ TURN, ¼ TURN & ROCK SIDE, BACK, SIDE, TRIPLE FORWARD

1&2 ¼ turn stepping left to left side, right next to left, ¼ turn left stepping left back 12.00
3-4 ¼ turn right rocking right to right side, recover on left 3.00
5-6 Step right back, step left to left side
7&8 Step right forward, step left next to right, step right forward

[17-24] STEP FORWARD, SWEEP ½ TURN, BEHIND, SIDE, CROSS ROCK, TRIPLE SIDE

1-2 Step left forward, sweep right foot from front to back making a ½ turn right 9.00
3-4 Cross right behind left, step left to left side
5-6 Cross rock right over left, recover on left
7&8 Step right to right side, step left next to right, step right to right side

[25-32] CROSS, SIDE, BEHIND, ¼ TURN, FORWARD, ½ TURN, ¼ TURN, DRAG

1-2 Cross left over right, step right to right side
3-4 Cross left behind right, ¼ turn right stepping right forward 12.00
5-6 Step left forward, ½ turn right (weight on right foot) 6.00
7-8 ¼ turn right stepping big step to the left side, slide right next to left (keep weight on left foot)
9.00

Break 32 counts : at the end of wall 8 (face at 12.00) dance the followings 32 counts before restart the dance from the beginning (follow the lyrics "Run baby run, baby run")

[1-8] SWAYS, HOLDS

1-2-3-4 Sway to the right, sway to the left, sway to the right
5-8 holds

[9-16] SWAYS, HOLDS

1-2-3-4 sway to the left, sway to the right, sway to the left, hold
5-8 holds

[1-8] SWAYS, HOLDS

1-2-3-4 Sway to the right, sway to the left, sway to the right
5-8 holds

[9-16] SWAYS, HOLD, JAZZ BOX CROSS

1-2-3-4 sway to the left, sway to the right, sway to the left, hold
5-8 cross right over left, step left back, step right to right side, cross left over right

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