

Better When We're Dancin'

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: High beginner
編舞者: Caroline Lindmark Öst (SWE) - February 2025
音樂: Better When I'm Dancin' - Meghan Trainor



Intro: 16 counts (approx. 8 sec)

*1 restart at the 4th wall after 16 counts.

VINE TO THE RIGHT WITH FLICK, SIDE, TOGETHER, CHASSE TO THE LEFT

1-2 Step RF to R side (1), step LF behind R (2) [12:00]
3-4 Step RF to R side (3), angle body to [10:30] and flick with LF behind R leg (4)
5-6 Step LF to L side (5), step RF beside LF (6) [12:00]
7&8 Step LF to L side (7), step RF beside LF (&), Step LF to L side (8) [12:00]

ROCK STEP, TRIPLE FULL TURN, ROCK STEP, COASTER STEP

1-2 Rock RF forward (1), recover on LF (2) [12:00]
3&4 Turn ½ R stepping forward on RF (3) [6:00], step LF next to RF (&) [6:00], turn ½ stepping forward on RF (4) [12:00]
5-6 Rock LF forward (5), recover on RF (6) [12:00]
7&8 Step back on LF (7), step RF beside LF (&), step LF forward [12:00]
(Restart here at wall 4 [12:00])

WALK FORWARD, HITCH, WALK BACKWARDS, TOUCH

1-2 Walk forward on RF (1), walk forward on LF (2) [12:00]
3-4 Walk forward on RF (3), hitch L knee forward (4) [12:00]
(Arm styling counts 1-4: Raise both arms slowly out to the sides and up above your head on counts 1-3, clap above your head on count 4)
5-6 Walk backwards on LF (5), walk backwards on RF (6) [12:00]
7-8 Walk backwards on LF (7), touch RF beside LF (8) [12:00]
(Arm styling count 5-8: Lower your arms slowly out to the sides)

CROSS SAMBA x2, ¾ WALK AROUND

1&2 Cross RF over LF (1), step LF to L (&), recover on RF (2) [12:00]
3&4 Cross LF over RF (3), step RF to R (&), recover on LF (4) [12:00]
5-8 Walk around with RF, LF, RF, LF making a ¾ turn over R shoulder [9:00]

Enjoy and have fun!

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