

# Coming Home

拍數: 68      牆數: 4      級數: Phrased Improver  
編舞者: Karen McMillan Clark (USA) - February 2025  
音樂: Coming Home - Michael Harcus



Phrased: A/B with 2 Restarts  
AABB A\*(12 counts then Restart)  
AABB A\*(12 counts then Restart)  
ABBA

Start with Weight on L

## A1 (1-8) Step Point, Step Swoop, Cross Jazz Box, Cross

- 1-2      Step Touch Side - step forward Right, Point and TOUCH Left foot to left side, toes touching the floor.
- 3-4      Step "Point" Side - Step forward Left, point right foot to right side NOT TOUCHING FLOOR
- 5-8      Arc Swoop Right - swoop Right foot forward and across left, put weight on Right, Step back Left, Step Right to right side, Cross Left over Right, putting weight on Left

## A2 (9-16) Right Weave Cross, Lindy Rock Step/Recover.

- 1-4      Right Weave - Step Right to right side, step Left crossing behind your right foot, Step Right to right side, step Left, crossing in front of right foot, put weight on Left.
- 5&6, 7,8      Right Lindy Rock/Recover - Side shuffle right, (R, L, R), rock back on Left foot, Recover, stepping forward on Right foot

## A3 (17-24) Left Weave Cross, Lindy Rock Step/Recover

- 1-4      Left Weave - Step Left to left side, step Right crossing behind left foot, Step Left to Left side, step Right, crossing in front of Left foot, put weight on Right.
- 5&6, 7, 8      Left Lindy Rock/Recover - Side shuffle Left, (L, R, L), rock back on Right foot, Recover stepping forward on Left foot

## A4 (25-32) Toe Struts, ½ Pivot, Step RL

- 1-4      Toe Struts Forward- touch right toe forward, step right heel to floor, putting weight on right foot. Touch left toe forward, step left heel to floor, putting weight on left foot
- 5-8      ½ Pivot, Step R, L - Step forward on right foot, Pivot ½ turning 180° over left shoulder putting weight on left foot, step forward right step forward left.

## B1 (1-8) "How Good" Chorus-

### Jump Forward, Clap, Jump Back, Clap, Shuffle Forward (RLR), Rock Step/Recover

- &1, 2      Jump forward R, L. (and 1) Hold. Clap once on beat "2"
- & 3, 4      Jump back R, L. (and 3) Hold. Clap once on beat "4".
- 5&6, 7, 8      Shuffle forward R, L, R. Rock forward Left, Recover stepping back on Right.

## B2 (9-16) Shuffle back (LRL), Rock Step/Recover, Shuffle forward (RLR), Pivot Turn ½

- 1&2, 3, 4      Shuffle back L, R, L. Rock step back on Right, Recover stepping forward on Left.
- 5&6, 7, 8      Shuffle forward R, L, R. Step forward on Left, Pivot ½ turning 180° over left shoulder, step forward on Right.

## B3 (17-24) Shuffle Forward (LRL), 3 Paddle Turning ¾

- 1&2      Shuffle forward (LRL)
- 3-4      Paddle pivot turn ¼ - step Right foot forward, pushing body left ¼ turn over left shoulder, Step/Recover on Left foot.
- 5-6      Paddle pivot turn ¼ - step Right foot forward, pushing body left ¼ turn over left shoulder, Step/Recover on Left foot.

7-8 Paddle pivot turn  $\frac{1}{4}$  - step Right foot forward, pushing body left  $\frac{1}{4}$  turn over left shoulder, Step/Recover on Left foot.

**B4 (25-32) Jazz Box Cross, R Side Rock Recover Cross Hold**

1-4 Jazz Box Cross- cross Right foot over left putting weight on Right foot. Step back on Left foot, putting weight on Left foot. Step Right foot to right side putting weight on Right foot. Cross Left foot over right foot putting weight on Left foot.

5-6, 7,8 - Right Side Rock Cross - Rock step right foot to right side, putting weight on right foot. Recover step on Left foot, in place. Cross right foot in front of left foot. Put weight on right foot. hold

**B5( 33-36) L Side Rock Recover Cross Hold**

1-2 hold, 7,8 - Left Side Rock Recover Cross - Rock step left foot to left side, putting weight on left foot. Recover step on right foot in place cross left foot and front of right foot. Put weight on Left foot. Hold

**Choreographer's Note:**

**Facebook: Retirees AtPlay**

**YouTube: Retirees atPlay**

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